

534 Broadway • Carle Place, NY 11514-1712 Tel 516.334.6288 • Fax 516.997.4622 www.olhope.org • secretary@olhope.org Pastor Rev. Thomas V. Arnao, J.C.D. Deacons Thomas B. Rich, Patrick J. Dunphy

Staff

Rei Cornelius, Parish Office Manager Mr. Raymond Henderson, Liturgical Music Director Deacon Thomas Rich, TSA, D.Min., J.C.L. Director of Religious Education

WEEKEND MASS SCHEDULE

Saturday 5:00 pm Sunday 8:30, 10:00, 11:30 am Holy Days as announced Weekday Mass Schedule-Mon to Fri 9:00 am Mass

SACRAMENT OF PENANCE

Saturday at 4:00 pm or by appointment

SACRAMENT OF BAPTISM

Celebrated on the 3rd Sunday at 1:00 pm. Please register in advance. There is a Baptismal Preparation Video available on the Our Lady of Hope website (www.olhope.org). Parents are asked to view the video prior to the child's baptism. It may also be shared with the Godparents.

Godparent Pre-Requisites - Godparents must be practicing Catholics in good standing, 16 years of age or older, Baptized and Confirmed Catholic.

CELEBRATION OF MARRIAGE

The Church provides certain times and preparation for weddings. Please contact the Church Office at least nine months in advance to begin the process.

CARE OF THE SICK

Please notify the Church Office when someone is seriously ill so that we can provide spiritual care.

OFFICE HOURS

Parish Office 334.6288

Mon to Fri 9:30 am to 4:00 pm, Sat 9 am to 2 pm Sunday closed

Religious Education Office 334.4781

Maria Vargas, Coordinator Email rel-ed@olhope.org See www.olhope.org for more information

St. Brigid / Our Lady of Hope Regional School 333.0580

101 Maple Ave, Westbury, NY 11590 Mr. Paul Clagnaz, Principal

St. Vincent de Paul Society 334.6288 x 18

REGISTRATION

Every family and person within the parish is encouraged to register with the Church Office.

ON BECOMING A CATHOLIC

Those seeking information about the Catholic Faith are invited to contact the Church Office at 334.6288.

PRAYER

Novena Tues after 9:00 am Mass Rosary after each weekday Mass Holy Hour Thurs 1:00 pm

MISSION STATEMENT

We, the parish family of Our Lady of Hope, commit ourselves to continue the mission of Jesus Christ, to proclaim His Gospel, and to love one another as He loves us. We are a welcoming community of faith, guided by the Holy Spirit and centered on God's Word and the Eucharist. Through the Sacraments, prayer, and the stewardship of our God-given gifts, we provide opportunities to grow closer to God and to serve members of the community.

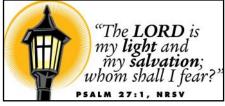


Our Lady of Hope This Week

THE LORD IS MY LIGHT AND MY SALVATION

The Lord is my light and my salvation—whom

should I fear? The psalmist writes that his heart speaks of Him, and his eyes look for Him. The Lord is his helper who



awaits him in the land of the living where he shall see his bounty. This psalm of praise complements each of our readings today: in the promise to Abraham, the words of Saint Paul, and the shining vision of Christ's glorified body. All of these Scriptures witness to the Good News we have been given, that the Lord is indeed our refuge and we have nothing to fear.

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LITURGY OF THE WORD

The Lord promises Abram descendants, numerous as the stars, and then makes a covenant with him in which certain land will be given to his descendants. In the second reading, Saint Paul writes that our citizenship is in heaven, encouraging his listeners to stand firm in Christ. In the Gospel, Jesus is transfigured, revealing His glory to Peter, John and James.

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Sunday's collection 3/6/22	\$7,974.00		
Same last year	\$9,523.50		
Weekly amount needed	\$9,456.00		
Shortfall	\$1,482.00		
Attendance	362		
Envelopes	102		
Thank you for your generosity in returning to God some of what He has given you.			

THE HOLY SEASON OF LENT

Please join us on Fridays during Lent for the Stations of the Cross at 7:30pm.

May the upcoming holy season offer you an opportunity for prayer, reflection and growth in God's grace. Some have inquired about the practice of fast and abstinence:

Fasting obliges all Catholics (from ages 18 to 59 inclusive) to fast on Ash Wednesday and Good Friday. On the fast days, we may take one full meal, two smaller meals and no snacking in between meals. Abstinence obliges all Catholics (14 years and older) to abstain from meat on Ash Wednesday, Good Friday AND all other Fridays in Lent.

THE JOURNEY, CROSS & CRUCIFIXION

The Journey, Cross and Crucifixion is a journey back through time. It is an opportunity to walk with Christ and become one with Him and the people who walked with Him. For many who have shared in the Journey, it is as if it were happening for the first time.

The music, narration, dialogue and poignant silences all add to the power of this prayerful meditation. To be part of The Journey, Cross and Crucifixion is to experience the complete and utter frustration of Mary, the frustration of Simon, the loneliness and desolation of John, Pilate's struggle between justice and expediency and the excruciating pain and degradation Jesus suffered on the way to Calvary and His ultimate death on the Cross.

For the past 24 years, the members of Creative Ministries have been presenting this powerful presentation to churches and schools throughout Long Island, leading people of all ages in a powerful Lenten experience. The troupes are made up of volunteer actors, singers and musicians who use their gifts to bring the Passion Story to life. (see flyer on page 8)

(continued on page 3)

(Continued from page 2)

RELIGIOUS EDUCATION

Lenten Reflection

Slow my pace, Loving God.

As Lent draws close,

Guide me towards a spiritual practice that restores my equilibrium.

Guide my steps, Lord Jesus.

Take my hand

And lead me along a Lenten path that renews my faith in you.

Mark my way, Holy Spirit.

Bring me to a resting place of grace

Where I find the peace of Easter's promise and the fire of Pentecost's love.

Amen.

Reminder: Stations of the Cross every Friday of Lent at 7:30pm.

Level 2-First Holy Communion Practice: Parents and Students

9:30am Communicants will practice Tuesday, April 26 at 5:30pm.

11:30am Communicants will practice Wednesday, April 27 at 5:30pm.

-First Holy Communion Saturday, April 30, 2022.

Level 7 & 8-Required: The Journey, Cross & Crucifixion March 14 at 7pm in the church

Level 8-The Confirmation packet is to be completed and submitted **no later than March 15**.

- -Confirmation Interviews (by class) are March 15 & Hope, at pmonaco.chem@gmail.com. 22 at 7pm
- -Confirmation Rehearsal for Confirmandi and Sponsors Monday, April 4 at 7pm.
- -Confirmation Tuesday, April 5 at 11am.

Reminder: All children are required to attend Religious Education prepared: books, folders, pencil/pen.

Any questions or concerns please email Religious Ed or call 516 334-4781.

STEWARDSHIP THOUGHT FOR THE SECOND SUNDAY OF LENT

In the Gospel reading for today, we hear about the Transfiguration of the Lord. This event also appears as the Fourth Luminous Mystery of the Rosary.

OPPORTUNITIES TO REMEMBER LOVED ONES

There are opportunities to remember your loved ones by way of *Mass intentions, the Rose for Life, the Sanctuary Candle and Altar Bread*. There are multiple intention Masses available on Fridays and Saturdays and Mission Masses anytime and Rose for Life, Sanctuary Candle and Altar Bread as early as this month. Please contact the church office if you are interested.



40 DAYS FOR LIFE CAMPAIGN

You are invited to join Forty Days for Life—to pray with us at the Planned Parenthood Facility in Hempstead Beginning March 2 and running until April 10. Your presence not only speaks about the prayers you offer but may afford someone the opportunity to "rethink" their decision and choose LIFE. You need only be present for an hour—or more if you wish between 9am and 6pm, at your convenience. The campaign begins with the Opening Mass on February 26 at 9am at St. Ladislaus Church in Hempstead. The celebrant will be Bishop Richard Henning. If you are interested, you can visit the website: 40daysforlife.org or contact Paul Monaco, parishioner of Our Lady of Hope, at pmonaco.chem@gmail.com.

DAYLIGHT SAVING TIME BEGINS

Daylight Saving Time began this morning at 2pm. Hopefully you have set your clocks ahead!

OUR LADY OF HOPE FOOD PANTRY

At this time the items following are needed:

Mac & cheese

Spaghetti

Tuna

Beans—black, white & red

Thank you for your continued generous support of the Food Pantry. **Please check expiration dates before donating items.**The Food Pantry Staff

Let us pray...

FOR OUR PARISHIONERS SERVING IN UNIFORM

Sgt. Joseph T. Hughes, USMC, Steven J. LaRosa, USMC, Michael B. Kilgannon, USAF, AC1 Eric Cullum, US Navy (D), Captain Kristofer Seibt, US Army (D), Cpl. Matthew Ketcham (D), Lt. Col. Matthew Kessler, USMC, Master Sgt. James Higgins, USMC, Robert Weingartner, Matthew Ziminsky, Daniel J. Vincent USAF, Timothy Vincent USMC, Captain Caitlin M. Drumm, USAF-MC, LT Joe Wengler (D), US Navy.

D = Deployed

FOR THOSE WHO HAVE DIED...

especially those who have no one to pray for them.



Sanctuary Candle \$15



Rose for Life

\$5



Altar Bread & Wine

\$50

MINISTERS AT MASSES for March 19 & 20					
	5pm	8:30am	10am	11:30am	
PRESIDER	Fr. Griffin	Fr. Tomaz	Msgr. Michael	Fr. Arnao	
LECTOR	N. Moir	P. Kelly	S. Buffolino	A. Santana	
ALTAR SERVERS	NA	NA	NA	NA	
EUCHARISTIC MINISTERS	S. Dowling P. Wilde	B. Kilgannon P. Schaefer	V. Daly M. Iovine	L. Acierno J. Waters	
MUSIC MINISTERS	Cantor/Organ		Cantor/Organ	Cantor/Organ	

FOR ALL WHO ARE SICK

Maria Acierno, Elvia Aleman, Ronald Aman, Eleanor Angelis, Yvonne Angeles, Maya Annunziato, Mikey Armand, Jeanne (Porcelli) Aroyo, Anthony Barbera, Zachary Baas, Concetta Basso, Elizabeth Blake, Susan Blum, Deborah Bourassa, Dylan Braun, Mary Broyles, Peter Burkhardt, Giuseppe Burro, Billy Buttgereit, Diana Cabral, Eustacia Calderone, Chris Caplice, Maria Carrillo, Richard Casella, Gianna Casella, Marcel Chaillol, Carol Cirulli, Joan Clarke, Judy Clickner, Gina Corleto, Josephine Corsina, George Costidis, Connie Cote, Lona Cruz, Esther Curran, Dana Day, Peter DeFilippo, Kim DeRidder, Marie DeSimone, Joseph DiBiasi, Elizabeth Dick, Bernard Dicks, Theresa Dicks, Hailey Eimer, Joe Farinaro, Alice Feldt, Margaret Flahive, Angelina Fortner, Marie Francis, Grace Franzese, Eileen Friel, Mario Gaigan, Gerry Georgio, Linda Gildea, Tony Giordano, Donna Girardi, Susan Goode, Joe Greve, Emily Grimm, Art Howell, John Hughes, Patricia & Ralph Keck, Jacqueline Klein, Sue Klein, Barbara Knapp, Tom Knapp, Susan Goglia Kopas, Shannon LaRocco, Mary Lou Lavelle, Marietta Lettau, Lois Lewis, John Malavolta, Salma Malik, Ann Mascola, Sherrie Mayzie, John McDonald, Elaine Medoro, Robert Mensing, Maria Merz, Madison Milio, John Morrison, Baby Viviana Mortellaro, Angelina Muzio, Danny Noble, Kathleen Opak, Maureen Ostrowski, Angela Pascarella, Rylie Pederson, Antonio Perrino, Loraine Pino, Joseph Piscitelli, Lorraine Poduch, Victor Praete, Vincent Purcell, Dan Riley, Joel Rivera, Daniel Roche, Nicole Roeder, Alex Salvaggio, Rosa Santos, John Saunders, Joseph Schaefer, Maureen Schroeder, Randy J. Smith, Darrell Stone, Nancy Tandi, Kerri Taylor, Rosemary Tempone, Florence Theroux, James Tirone, Danny Tricarico, Christopher Velez, Bridget, Vesloski, Janice Vetrano, Joseph Vigotty, Frank Wetmore, Maureen Wotten, Sondra Yannone, Rose Youngblood, Joe Zimmatore

Please call the parish office, if someone on this list has returned to reasonable health and can be removed from the list. At times, names may be taken off when we do not have any information about the person listed.

St. Brigid/Our Lady of Hope Regional School



Mardi Gras, or Fat Tuesday, is a day of celebration before we begin our Lenten observance on Ash Wednesday. We had a Spirit Day at school for the occasion!





During the month of February, students across the grades and in various subject areas learned about Black History and the contributions of African Americans to society:











Lent 2022

Dear Brothers and Sisters in Christ:

Lent is a journey from the desert of death to the springs of new life. We follow Jesus into the wilderness of the desert to renew our baptismal covenant with the Father. During this sacred time, we die to sin, and washed clean from our self-centeredness and attachment to the world, rise to divine grace and love. As we enter this privileged season, let us reflect once more on the three means we employ during this forty-day journey of penance and conversion: prayer, fasting, and almsgiving.

Prayer. Prayer is most simply a conversation with God, and St. Paul reminds us that this conversation must be continual. The Apostle to the Gentiles enjoins us to "pray at all times" (Eph 6:18), "pray without ceasing" (1 Thess 5:17), and "be constant in prayer" (Rom 12:12). To pray this way requires effort. It demands silence, artful listening, and remaining in the presence of God. This Lent we remember two powerful ways we enter into this holy conversation: by sitting in the presence of the Blessed Sacrament and through lectio divina, a prayerful reading of Sacred Scripture.

Fasting. The Church Fathers speak extensively on the power of fasting to break sin and open our hearts to the grace of God. Saint Peter Chrysologus writes: "Fasting is the soul of prayer, mercy is the lifeblood of fasting. So if you pray, fast; if you fast, show mercy; if you want your petition to be heard, hear the petition of others. If you do not close your ear to others, you open God's ear to yourself" (Sermo 43: PL 52, 320, 322). Let us remember, too, that bodily fasting is useless unless it is joined with spiritual fasting, that is, fasting from our passions.

Almsgiving. Scripture brings the three marks of our Lenten journey together and puts the emphasis on the last:
"Prayer and fasting are good, but better than either is almsgiving accompanied by righteousness ... It is better to give alms than to store up gold; for almsgiving saves one from death and expiates every sin. Those who regularly give alms shall enjoy a full life" (Tob 12:8-9). Almsgiving is better because it points to charity. We remember we are not only to give materially to those in need but also give of ourselves as we love God and neighbor.

Last October, Pope Francis invited the Church into a synod on synodality. The Holy Father wants the Church to journey together in a multi-year process listening to each other, hearing the Word and celebrating the Eucharist. As we journey towards Easter, let us be united in mind and spirit. May the spiritual exercises of prayer, fasting, and almsgiving prepare us for Easter and an experience of the power of God, which "dispels wickedness, washes faults away, restores innocence to the fallen, and joy to mourners, drives out hatred, fosters concord, and brings down the mighty" (The Easter Proclamation - Exsultet). Then, alive in Christ, we can go forward evangelizing, as Pope Francis would want, with parrhesia: "Boldness, enthusiasm, the freedom to speak out, [and] apostolic fervor" (Gaudete et Exsultate 129).

May the loving presence of the Blessed Virgin Mary, who remained faithful to her son at the foot of the cross, protect and sustain us in our Lenten journey.

Sincerely, yours in Christ,

Most Reverend John O. Barres Bishop of Rockville Centre

As You Plan Your Future, Please Consider a Legacy Gift to Our Parish

The principle of Stewardship is frequently discussed in Catholic circles, both among the laity and Church leadership. Stewardship is based in scripture and in Church traditions. Stewardship flows from our gratitude to God for the gifts, with which we have been blessed. We show our gratitude by being generous in our response with our time, talent, and treasure.

As a Priest, I am committing to God as much as I can of my time, talent, and treasure. The Catholic faith has been the cornerstone of my life. The priesthood ever continues to be a source of joy and fulfillment. I am grateful for the opportunity to serve the Church. I strive to be a faithful steward and through my service leave a legacy that survives beyond my death.

As your pastor, I would like to encourage you to consider ways that you can leave a lasting legacy. Let me suggest that making a planned gift to the Church is a way you can leave a legacy and express gratitude for what the Church has meant to you. A planned gift can be a lasting way to fulfill your stewardship of treasure.

You may be asking yourself what a planned gift is as it can be a confusing term and it is often misunderstood. Very simply, planned giving describes a donor's commitment to transfer capital assets to a qualified religious organization or other charity. More often than not, a planned gift is made by means of a formal agreement or contract. Planned gifts are normally made from the donor's accumulated wealth as part of an overall estate plan. The most common form of a planned gift is a bequest provision in a will.

Many Catholics find the idea of making a planned gift to their parish appealing. Parishioners often wonder how to go about making a planned gift and they have other questions about planned giving options.

One reason parishioners have questions is that they do not often hear about planned giving in their Catholic community. And Church leaders do not talk about planned giving as much as we could or should. It is my hope that my written reflection will help remedy the lack of information on this important subject.

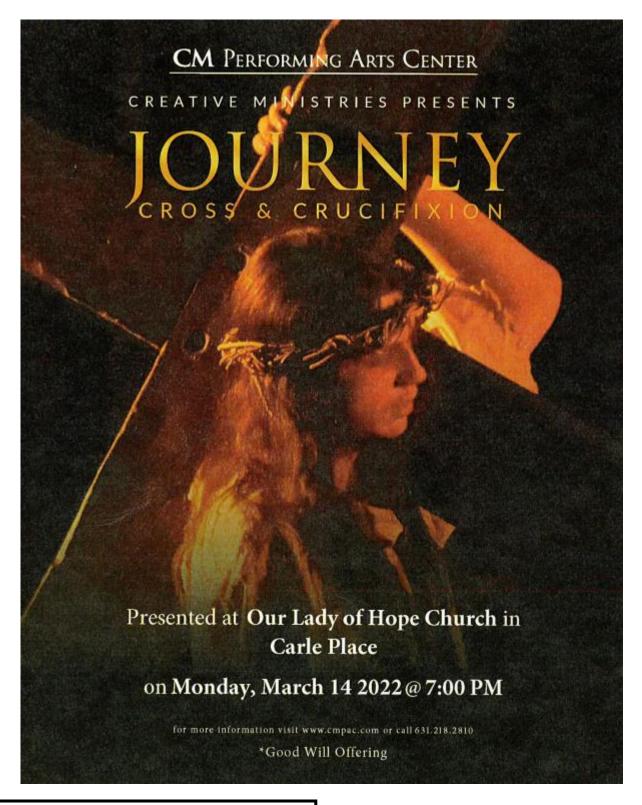
Here at the Parish, faithful parishioners have found that naming the parish in their wills or trusts to be a very fulfilling way to show their appreciation for what they Church has meant to them. Some parishioners have left planned gifts in memory of a loved one or close friend. Others have made a bequest to support a particular parish ministry, or outreach.

Individuals who make planned gifts often enjoy significant tax advantages from their giving. Still others find that once their surviving family receives a reasonable inheritance, leaving a bequest to the parish is a fulfilling way to show their gratitude for God's blessings and leave a spiritual legacy.

I would prayerfully ask you to consider the Parish as a worthy object of your generosity. The Parish will remember you with gratitude in our prayers and you will have eternal rest knowing that you have left a lasting spiritual legacy. Please give thought to remembering your parish in your estate plan. It is a beautiful thing to do.

God Bless!

For more information on how to leave a Legacy Gift to our Parish through your Will or other estate plans, please call Barbara Kilarjian at 516-678-5800 ext. 257 or email her at bkilarjian@drvc.org.



Please join us!
No audience participation is involved.
Parental discretion advised due to
emotional content.

Sponsored by Our Lady of Hope Rosary Society

MASS INTENTIONS for the week of March 12, 2022



Saturday- March 12, 2022

Anticipated Mass

5:00 PM - Phil Morella (by Lois Morella)

- -Peggy Shortt (by the Nolan family)
- -Patrick Lavin (by Carl & Patricia Arnheiter)

Sunday- March 13, 2022

8:30 AM – Susana Bautista (by the Quijano family) 10:00 AM – For the People of the Parish

In the missions:

-Giovanina Maiorano (by Maria Pasquarella & family)

11:30 AM – Jean Toy (by the Molloy family)

Monday- March 14, 2022

9:00 AM – For the Intentions of Nancy McBride (by the Vargas family)

Tuesday- March 15, 2022

9:00 AM - Giovanni DePaulis (by the family)

Wednesday- March 16, 2022

9:00 AM – Fr. Chris Aridas (by Fr. Arnao) In the missions:

-Dennis Collins (by Dan & Lynn Minchella)

Thursday- March 17, 2022

9:00 AM – Davis, Shanley, McNerney & Nolan families (by James Davis)

In the missions:

- -John Ryan (by Mary Ryan)
- -Joseph McKeon (by Maryann McKeon)
- -Marrinan, McGovern & White Families (by the McGovern family)
- -Patrick Lavin (by Margaret Lavin)

Friday- March 18, 2022

9:00 AM – Fred & Gloria Gregory (by Tom & Anne Lonegan)

7:30 PM - Stations of the Cross

Saturday- March 19, 2022

Anticipated Mass

5:00 PM – Pasquale N. Bavaro (by the Bavaro-Flach family)

- -Deceased members of the Roccaforte family (by Andrew & Enza Comito)
- -Patrick Lavin (by Freda Cantwell)
- -Madelaine Furst (by Patricia Peck)

Sunday- March 20, 2022

8:30 AM – Christofer Comito (by Fran & Rich Comito)

In the missions:

-Larry Wilber (by Peg & Bill Krumenacker)

10:00 AM - Domenico Buffolino (by the family)

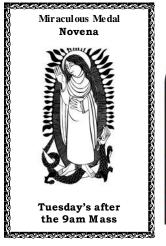
11:30 AM - For the People of the Parish

In the missions:

-Isidoro M. Santana (by the Santana family)









VIRTUS TRAINING-PROTECT OUR CHILDREN!

Virtus is a program that gives us a specific plan in identifying and preventing child sexual abuse. The training is required of all diocesan personnel and volunteers in all parishes.

If you are a volunteer or are thinking of volunteering, please visit Virtusonline.org to fulfill your Virtus requirements.

The Office for the Protection of Children and Young People maintains a confidential phone line: 516 594-9063. We are available to help you or anyone who has been abused or victimized by someone representing the Catholic Church. All calls are responded to within 24 hours.

KING KULLEN RECEIPTS

Please save your register tapes from King Kullen in Garden City Park. 1% of your purchases are donated to the parish. Proceeds from register receipts are forwarded to various charities through the St. Vincent de Paul Conference of Our Lady of Hope.

2021 CATHOLIC MINISTRIES APPEAL		
Goal	\$55,100	
Pledged	\$41,754	
Paid	\$41,729	
% of Goal pledged	76%	
% of Goal paid	76%	
Donors	195	

Society of St. Vincent de Paul ...bringing hope for a better future to people in need.

"The St. Vincent DePaul Society is a lay Catholic organization that aspires to live the Gospel by serving the poor. In attending to the needy in our community, we are ministering to Christ himself. If you or someone you know needs assistance, or if you would like to join the ministry, call (516) 334-6288 ext. 18

FLOWER FUND ENVELOPES

A reminder: If you would like to have loved ones remembered in the Easter Masses, please return the Flower Fund envelope you received in the mail with the names of the people you wish to have remembered. If you did not receive an envelope, you can pick one up in the church. Please be sure to fill in all the information. Please return the Easter Flower Fund envelope by Sunday, April 3 so that the Memorial Booklet can be completed for Easter.

BAPTISM AND THE PREPARATION CLASS

Baptisms are celebrated every third Sunday of every month at 1pm. Please call the office to register in advance. Baptism Preparation, which was done with an in-person class, is now being offered with a Baptismal Preparation Video which is available on the Our Lady of Hope website. It is our hope that parents will view the video prior to their child's baptism. Please visit www.olhope.org.

ALTAR BREAD, ROSE FOR LIFE & SANCTUARY CANDLE

If you wish to donate the bread and wine for the week's Sunday and daily Eucharist celebrations, the offering is \$50. Opportunities to donate a Rose for Life are also available. The offering is \$5 per week. The sanctuary candle is available for memorialization. The offering is \$15.



Online giving is available at Our Lady of Hope and it's safe, simple and convenient. It can also add to any "rewards" your credit card company offers! If you have questions please do not hesitate to call the church office or WeShare directly at 855 800-4273.

Courtesy Announcements

The following are published as courtesies for a two-week period as space allows. They are not an endorsement of any functions or persons. If there are any difficulties or problems experienced with any ad, please call the Church Office so that we can remove the ad immediately. We apologize for any typographical errors.

FIRST NOTICE

LOOKING TO RENT GARAGE SPACE-in the Carle Place/ Westbury area. If you have available space please call Gerry at 516 997-4425 and leave a message. Your call will be returned.

YOUR WIDOW & WIDOWERS GROUP-3rd Wednesday of the month at 7pm at St. Joseph Church in Garden City. \$3 dues and light refreshments. Call Diana for more information 516 481-9280.

CONGRATULATIONS!-to those students from our parish who attend St. Anthony's HS and have achieved Honor Roll certificates for the second quarter. They include: Valentina Iula, Sara Mogavero, Juliana Mosco, Anthony Nielson, Aidan O'Connell and Emma Poscillico. Keep up the good work!

BEREAVEMENT SUPPORT 2022-NYU Langone Hospital. For loss related to Covid, for LGBTQ+ and their allies, for widows, daytime, evening, webex. Pre-registration is required. Please contact the Spiritual Care Department at 516 663-4749 or email bereavement@nyulangone.org.

ROSARY FOR LIFE-Friday March 25 and every 4th Friday of the month at 3pm via Zoom. Email dcrean@drvc.org if you would like the link sent to you.

LIFE CENTER OF LI-is looking for donations and can only accept items in good and cleaned condition. Baby bath tubs (new only), baby food/formula (not expired), baby There is no parking directly in front of the church. This is reserved layette items and more. For more information or where to parishioners of Our Lady of Hope Church. Thank you! donate call the Life Center at 516 408-6300.

SECOND NOTICE

EVERYONE IS INVITED!-to come and pray the Joyful Mysteries of the Rosary and Venerate Our Lady on her Feast Day of the Annunciation and adore the compassionate, sacred, sorrowful Heart of Jesus Our Lord in exposition, for the peace and the spiritual welfare of the whole world. Please come on this Lenten Friday evening, March 25 at 7:30pm, in St. Brigid Church, Westbury and bring others to pray for the whole world. For further information please call 516 317-9269.

SOUND THE ALARM-SAVE A LIFE-Smoke alarms save lives! The American Red Cross on LI want to help make your home safer. We will install FREE smoke alarms in your home, all you need to do is contact us to make an appointment. To schedule an appointment, sign up online at: www.soundthealarm.org/li or call 516 229-1086.

LENTEN SUNDAY EVENINGS-7:30pm Solemn Sung Vespers with choir. St. Agnes Cathedral, 29 Quealy Place, Rockville Centre. For more information call 516 764-9578.

SO MOVED WITH GOD-Wednesday, March 23 at 10:30am to noon via Zoom. "In his mind, man plans a course, but the Lord directs

his steps". You are invited to savor the stillness provided us by God and reach out to Him for the grace to recognize how we are being transformed for something greater, according to His will. Cost: \$20. Visit www.olgretreat.com to register and for details. Our Lady of Grace Spiritual Center, Manhasset. 516 627-9255.

NY PROJECT HOPE-Coping with COVID. Online Wellness Groups. Move Forward with Hope. Confidential, free, anonymous. Find our more at NYprojectHope.org or call 631 481-9700. A program of NYS Office of Mental Health.

TV MASS FOR THE HOMEBOUND-Is someone you love unable to join us at mass on the weekend? For the faithful at home or in healthcare settings, the Heart of the Nation Sunday TV Mass brings spiritual comfort and the blessing of joy-filled hope in our Risen Savior. Please invite anyone you know who cannot get out to church to tune in Catholic Mass of TV or watch online anytime on Sundays at www.HeartoftheNation.org.

MEALS ON WHEELS-EAC Network program is available to individuals 60 years and older in Westbury, Carle Place and New Cassel. The basic requirements are; living alone, no longer driving and have a limited support system. 516 539-0150 ext. 219.

STEADFAST CAREGIVERS-provides home companion services to seniors and home-bound adults. Our home care professionals are comprehensively screened, bonded, insured and monitored on an ongoing basis to ensure the highest quality care and companionship. Whether you need care on an hourly or live-in basis, Steadfast Caregivers offers affordable care. We offer a free and confidential in home assessment and are happy to answer any questions. 516 747-0570.

Please note

wipes, bassinets, bedding, car seats, high chairs, gift cards for emergency vehicles if needed. Please respect the safety of the



