

534 Broadway • Carle Place, NY 11514-1712 Tel 516.334.6288 • Fax 516.997.4622 www.olhope.org • secretary@olhope.org Pastor Rev. Thomas V. Arnao, J.C.D. Deacons Thomas B. Rich, Raymond J. Tirelli, Patrick J. Dunphy

## **Sunday Priests**

Rev. Edward Dowling, SJ

#### Staff

Rei Cornelius, Parish Office Manager Mr. Raymond Henderson, Liturgical Music Director Deacon Thomas Rich, D.Min., J.C.L. Director of Religious Education

## WEEKEND MASS SCHEDULE

Saturday 5:00 pm Sunday 8:30, 10:00, 11:30 am Holy Days as announced Weekday Mass Schedule-Mon to Fri 9:00 Mass

## **SACRAMENT OF PENANCE**

Saturday at 4:00 pm or by appointment

## **SACRAMENT OF BAPTISM**

Celebrated on the 3rd Sunday at 1:00 pm. Please register in advance. There is a Baptismal Preparation Class on the last Sunday of alternating months after the 10:00 am Mass. Parents must attend the class prior to the child's baptism. Godparents are welcome.

Godparent Pre-Requisites - Godparents must be practicing Catholics in good standing, 16 years of age or older, Baptized and Confirmed Catholic.

## **CELEBRATION OF MARRIAGE**

The Church provides certain times and preparation for weddings. Please contact the Church Office at least nine months in advance to begin the process.

## **CARE OF THE SICK**

Please notify the Church Office when someone is seriously ill so that we can provide spiritual care.

### **OFFICE HOURS**

Parish Office 334.6288

Mon to Fri 9:30 am to 4:00 pm, Sat 9 am to 2 pm Sunday closed

## **Religious Education Office 334.4781**

Maria Vargas & Diane Austria, Coordinators Email rel-ed@olhope.org See www.olhope.org for more information

## St. Brigid / Our Lady of Hope Regional School 333.0580

101 Maple Ave, Westbury, NY 11590 Mr. Paul Clagnaz, Principal

St. Vincent de Paul Society 334.6288 x 18

## REGISTRATION

Every family and person within the parish is encouraged to register with the Church Office.

## ON BECOMING A CATHOLIC

Those seeking information about the Catholic Faith are invited to contact the Church Office at 334.6288.

## **PRAYER**

Novena Tues after 9:00 am Mass Rosary after each weekday Mass Holy Hour Thurs 1:00 pm

#### **MISSION STATEMENT**

We, the parish family of Our Lady of Hope, commit ourselves to continue the mission of Jesus Christ, to proclaim His Gospel, and to love one another as He loves us. We are a welcoming community of faith, guided by the Holy Spirit and centered on God's Word and the Eucharist. Through the Sacraments, prayer, and the stewardship of our God-given gifts, we provide opportunities to grow closer to God and to serve members of the community.



## Our Lady of Hope This Week



## STRIVE TO ENTER THROUGH THE NARROW GATE

Today we are given fair warning by Jesus that we should strive earnestly to enter the kingdom of God, and not simply assume a place will be reserved for us. So let's make an effort, as we travel the path of discipleship, to travel lightly, unencumbered by unnecessary attachments to the things of this world.

©2019 FAITH Catholic-Publishing and Communications

#### LITURGY OF THE WORD

In the first reading, God proclaims that He comes to gather all nations. The second reading exhorts the Christian community not to disdain discipline, as it originates from God's love. In the Gospel from Luke, Jesus tells His followers to strive for salvation through the narrow gate.

©2019 FAITH Catholic-Publishing and Communications

#### **SUMMER OFFICE HOURS**

The Church office will close on Fridays at 1pm for the month of August. Happy summer!

Last Sunday's collection 8/18/19	\$9,004.25			
Same Last Year	\$8,642.18			
Weekly amount needed	\$9,456.00			
Shortfall	\$451.75			
Attendance 8/18/19	482			
Same Last Year	492			
Thank you for your generosity in returning to God some of what He has given you.				

#### STEWARDSHIP THOUGHT

In today's Gospel reading, Jesus explains to us that there is more to being a disciple than just bearing the name. There needs to be some effort on our part to show we are Christians.

#### **BAPTISM PREPARATION CLASS**

The class for Baptism will be held every other month on the last Sunday of the month at 11am in the lower church. The next class scheduled is October 27.

#### WE SHARE ONLINE GIVING

Online giving is available at Our Lady of Hope and it's safe, simple and convenient. Please visit olhope.weshareonline.org to get started. The site is very "user friendly", but if you still have questions please do not hesitate to call the church office or WeShare directly at 800 950-9952.



2019 CATHOLIC MINISTRIES APPEAL				
Goal	\$51,900			
Pledged	\$51,661			
Paid	\$46,018			
% of Goal pledged	99%			
% of Goal paid	89%			
Donors	170			

(continued on page 3)

(Continued from page 2)

#### RELIGIOUS EDUCATION

Grandparents Day is Sunday, September 9! Bring your Grandparents to Mass at 10am. Blessing of the Backpacks is Sunday, September 15!

Bring your backpacks to Mass at 10am.

#### Calling All Would-Be Catechists:

We need you! We are in URGENT need of teachers for Levels 3 & 4 on Mondays, Tuesdays, and Thursdays at 4pm, and Level 1 classes beginning in January. All classes are held in Midura Hall. If you are interested unteer and all materials are provided.

#### Catechists:

September 12 from 6-7pm. All Catechists are ex- 24 hours. pected to attend one of these meetings. Also, please mark your calendars-Catechist Sunday is September 15 and will be celebrated at the 10am mass.

Parents: Save the date for our Fall Parent Meetings: Wednesday, September 4: 6:30-7:30pm for Levels 2-5 and 7:30-8:30pm for Levels 6-8, Monday, September 16: 6-7pm for all Levels 2-8.

Class Notifications for Religious Education 2019/20 will be mailed out the first week of September.

ing mailed soon. All fees, including past due amounts 19 for any further information. must be paid before the start of classes unless arrangements have been made with the Religious Ed office.

#### Office Hours:

The Religious Education Office Summer Hours are by appointment only. We will return to our regular business hours on September 3. All outstanding work may be submitted in the box outside the office. If you have any questions you can leave a message at 334-4781 and rel-ed@olhope.org. We will respond as soon as possible.

#### Baptisms at Our Lady of Hope

Dominique Meloni Marron Elizabeth Seibt

Welcome to our Church family!

#### VIRTUS TRAINING-PROTECT OUR CHILDREN!

Virtus is a program that gives us a specific plan in identifying and preventing child sexual abuse. The training is required of all diocesan personnel and volunteers in all parishes.

in teaching our faith to the children of our parish, If you are a volunteer and still need to fulfill this obliplease contact Maria Vargas or Diane Austria at rel- gation check the Long Island Catholic or the Diocesan ed@olhope.org to learn about the requirements. You website, www.drvc.org for training sessions available do not need to have a child in the program to vol- in the area. Please register for the class online or stop in the Church office.

The Office for the Protection of Children and Young People maintains a confidential phone line: 516 594-Save the date on your calendars for our first Cate- 9063. We are available to help you or anyone who has chist Meeting of the year for grades 2 through 8: been abused or victimized by someone representing Wednesday, August 28 from 7-8pm or Thursday, the Catholic Church. All calls are responded to within

#### OUR LADY OF HOPE ADULT CHOIR

Any adult who enjoys singing and is able to match pitches correctly is most heartily encouraged to participate in the Adult Choir which sings at the 11:30am Sunday Masses (October through June). It is not necessary to have music reading skills, only the room in your schedule to join with us on most Sundays and rehearse on Thursday evenings from 7:30 to 8:30pm. If you have ever considered singing in the choir, now is the ideal time to come and check IMPORTANT: Billing statements for 2019/20 are be- us out. Please call Ray Henderson at 334-6288 ext.

#### OUR LADY OF HOPE FOOD PANTRY

At this time, the Food Pantry is in need of the following items:

- **▶** cookies
- ▶jarred pasta sauce
- ▶ plain instant potatoes

Thank you for your continued support of the people we The Food Pantry Staff all serve.



(continued on page 10)

## Let us pray...

#### FOR OUR PARISHIONERS SERVING IN UNIFORM

LCpl. Joseph T. Hughes, USMC (D), Steven J. LaRosa, USMC, Michael B. Kilgannon, USAF, AC1 Eric Cullum, US Navy (D), Captain Kristofer Seibt, US Army (D), Cpl. Matthew Ketcham (D), Lt. Col. Matthew Kessler, USMC, Master Sgt. James Higgins, USMC, Robert Weingartner, Matthew Ziminsky, Daniel J. Vincent USAF, Timothy Vincent USMC, Captain Caitlin M. Drumm, USAF-MC, LT Joe Wengler, US Navy.

D = Deployed

#### FOR THOSE WHO HAVE DIED...

especially those closest to our hearts.



Sanctuary Candle

\$15

Rose for Life



\$5

#### FOR ALL WHO ARE SICK

Maria Acierno, Mary Alba, Elvia Aleman, Ronald Aman, Eleanor Angelis, Yvonne Angeles, Maya Annunziato, Mikey Armand, Jeanne (Porcelli) Aroyo, Anthony Barbera, Concetta Basso, Vincenzia Berasti, Susan Blum, Deborah Bourassa, Mary Broyles, Peter Burkhardt, Giuseppe Burro, Diana Cabral, Eustacia Calderone, Brianna Cardenas, Maria Carrillo, Dominic Catalano, Richard Casella, Gianna Casella, Marcel Chaillol, Joan Clarke, Judy Clickner, Gina Corleto, Marie Corte, George Costidis, Lona Cruz, Esther Curran, Dana Day, Peter DeFilippo, Kim DeRidder, Marie DeSimone, Joseph DiBiasi, Bernard Dicks, May Dong, Hailey Eimer, Joe Farinaro, Alice Feldt, Margaret Flahive, Angelina Fortner, Marie Francis, Grace Franzese, Mario Gaigan, Gerry Georgio, Linda Gildea, Patricia Gioffre, Donna Girardi, Susan Goode, Emily Grimm, Norman Gruenfelder, Art Howell, Helen Jara, Patricia & Ralph Keck, Jacqueline Klein, Sue Klein, Barbara Knapp, Tom Knapp, Susan Goglia Kopas, Dorothy Kuchler, Maryann LaSardo, Mary Lou Lavelle, Marietta Lettau, Lois Lewis, Raymond Licata, John Malavolta, Sherrie Mayzie, John McDonald, Elaine Medoro, Maria Merz, Heather Morella, Baby Viviana Mortellaro, Angelina Muzio, Danny Noble, Theresa Noto, Maureen Ostrowski, Angela Pascarella, James Passarella, Rylie Pederson, Antonio Perrino, Ann Peters, Loraine Pino, Joseph Piscitelli, Lorraine Poduch, Victor Praete, Vincent Purcell, Kathleen Rainone, Joel Rivera, Daniel Roche, Nicole Roeder, George Rottkamp, Alex Salvaggio, Rosa Santos, John Saunders, Joseph Schaefer, Maureen Schroeder, Irene Smith, Randy J. Smith, Darrell Stone, Nancy Tandi, Kerri Taylor, Florence Theroux, Joan Thue, James Tirone, Marie Tricarico, Rose Unquhaver, Flo Vaccaro, Christopher Velez, Joseph Vigotty, Frank Wetmore, Maureen Wotten, Sondra Yannone, Rose Youngblood

Please call the parish office, if someone on this list has returned to reasonable health and can be removed from the list. At times, names may be taken off when we do not have any information about the person listed.



#### Altar Bread & Wine

In loving memory of the Reilly Family -by the family

MINISTERS AT MASSES August 31 & September 1								
	5pm	8:30am	10am	11:30am				
PRESIDER	Fr. Tomaz	Fr. Tomaz	Fr. Blake	Fr. Dowling, SJ				
LECTOR	D. Oreste	B. Kilgannon	S. Buffolino	L. Masucci				
ALTAR SERVERS	A. Libonati F. Libonati	A. Kubovic	A. Mastrangelo M. McCarthy	D. Barbour				
EUCHARISTIC MINISTERS	D. Auguston F. Barbuto L. Heller R. Scott Volunteer needed Volunteer needed	L. Boone N. Boone M. O'Leary A. Rich A. Mandaro Volunteer needed	V. DeRicco R. Grillo A. Lonegan J. Messina R. Reilly R. Biggin	A. Santana E. Santana B. Harrs F. Stein Volunteer needed Volunteer needed				
MUSIC MINISTERS	Cantor/Organ		Cantor/Organ	Cantor/Organ				

# St. Brigid/Our Lady of Hope Regional School



ST. BRIGID/OUR LADY OF HOPE REGIONAL SCHOOL

SATURDAY, NOVEMBER 30, 2019 • 9AM START

Join us on Saturday morning, November 30, 2019 at 9:00 AM for our 2nd Annual StBOLH 5K Run & Walk.

We'll start at the school and race our way through the town of Westbury.

Register at: http://bit.ly/stbolh5k For more info, contact us at 333-0580 or run@stbolh.org

## PRAYER LABYRINTH:

A Gift from the Class of 2019

Introducing our beautiful prayer labyrinth- a peaceful place to walk, pray and meditate. It was created as a legacy gift from the Class of 2019. A few of our recent alumni have been working hard putting the finishing touches on it!





SAVE THE DATE MONDAY, SEPTEMBER 30, 2019 GOLF OUTING MICHAEL SIMONS '78 DEAN OF ST. JOHN'S UNIVERSITY SCHOOL OF LAW WHEATLEY HILLS GOLF CLUB IN EAST WILLISTON

FOR INFORMATION CONTACT NANCY WYGAND (516) 661-2077, VINCENT MASSINA (646) 948-1534 OR EMAIL GOLF@STBOLH.ORG **SPONSORSHIP OPPORTUNITIES!** INFORMATION AND **REGISTRATION CAN** ALSO BE PURCHASED ONLINE AT http://bit.ly/stbolhgolf



It's almost back-to-school time! Keep these important dates in

Wednesday, Sept. 4: First day of school for grades K-8, 11:30 AM dismissal

Thursday, Sept. 5: 11:30 AM dismissal

Friday, Sept. 6: First full day of school for grades K-8 Monday, Sept. 9: First day of school for Nursery and Pre-K

101 Maple Avenue, Westbury NY 11590

(516)333-0580

www.stbolh.org Mr. Paul P. Clagnaz, Principal pclagnaz@stbolh.org





Witnessing Forgiving Loving Helping Teaching Igniting Evangelizing Teaching Igniting Evangelizing Forgiving Loving Helping Witnessing

Supporting Dramatic Missionary Growth in Our Community

"Growth in holiness is a journey in community, side by side with others."

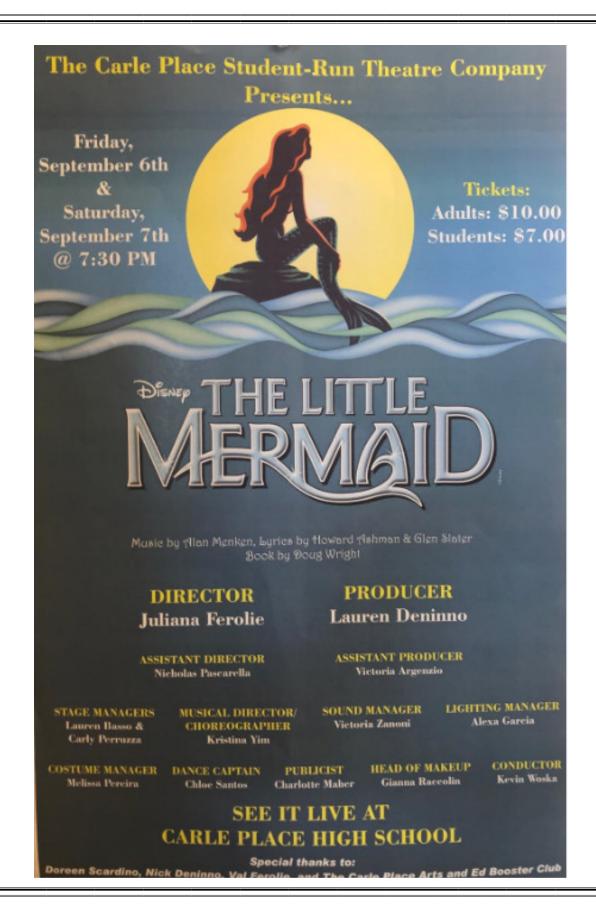
- Pope Francis



Please consider making a gift to the 2019 Catholic Ministries Appeal.

For more information, to watch our video or to make a donation, visit www.drvc.org/CMA or call us at 516-678-5800 ext. 296





## Our Lady of Hope Grotto - Memorial Garden

4"x8" engraved brick memorials are now available for the brick pavement in front of the Grotto of Our Lady of Hope on the east side of the church. The funds raised as a result of this project will be used to complete the beautiful pipe organ in the church begun in 2002. The economic down turn and emergency repairs on the church building and systems, required a delay in completing the organ. While the entire organ has been in the building since 2004, there were only funds to have 1,500 of the 3,000 pipes working. The loudest sets of pipes were installed, leaving the softer sounds to be set up at a later time. Our organ is among the most beautiful on Long Island and is very unique in that it is built of "recycled heritage" parts, many over a century old. Our organ contains the choicest pipes of organs built by the best organ makers of the late 19<sup>th</sup> century through the 20<sup>th</sup> century. The magnificent carved oak case was formed of elaborate choir stalls from a former monastery chapel. The system which operates the keyboards and pipes is run by state of the art computers. Please consider memorializing a loved one, while at the same time helping the parish complete one of its most beautiful attributes.

Some Engraving Options - 3 lines of 3/4" Letters - 13 Characters per line (including space between words)

M	N LOVI EMOR OHN SM	Y OF	GOD BLESS THE JONES FAMILY		IN LOVING REMEMBRANCE Y CAROL WHITE					
									,	

All characters will be capitalized in the same font. Spaces between words are counted as characters.

Please fill out the order form clearly and completely and return to the Parish Office.

Checks should be made out to: Our Lady of Hope Church

Name [PLEASE PRINT]			
Address	City	State	Zip Code
Telephone		email (op	otional) 🛽
4" x 8" Memorial Brick @	\$125.00		
4" x 8" duplicate for hom	ne @ \$50.00	)	
Total \$			
Signature		Da	te

## MASS INTENTIONS for the week of August 24



#### Saturday - August 24, 2019

Anticipated Mass for Sunday

5:00 PM - Louise Stellato (by the LoCurto family)

- -Rosa Ambrosio (by the Leni & Revans families)
- -Rose Wojciechoski (by Colette Martuscelli)

#### Sunday - August 25, 2019

8:30 AM – Frances Chiusano (by the family) In the missions:

-Karen McPike (by Mr. & Mrs. Miguel Araya) 10:00 AM – Geraldine Tynan (by the Hendricks & Ambrosini families)

In the missions:

-Tom Bray (Happy Anniversary) (by his wife, Peggy)

11:30 AM – For the People of the Parish

#### Monday - August 26, 2019

9:00 AM - Marie Agrusa (by Athena Vitale)

### Tuesday - August 27, 2019

9:00 AM – Bill Diamond (by Janet Diamond & family)

In the missions:

- Irene Morgan (Happy Birthday in Heaven) (by the family)
- -Anna Lapczynski (by the Lapczynski family)

### Wednesday - August 28, 2019

9:00 AM –William R. Murphy (by Michael & Maryanne Elrod)

In the missions:

-Samantha Shaw (by the Mannarino & Antoniou families)

#### Thursday - August 29, 2019

9:00 AM –Michael Caplice (by Freda Cantwell & John Walsh)

#### Friday - August 30, 2019

9:00 AM – Bill Diamond (25<sup>th</sup> anniversary in Heaven) (by Janet Diamond & family)

-Rose Wojciechoski (by Rose Biggin)

#### Saturday - August 31, 2019

Anticipated Mass for Sunday

5:00 PM -Louise Stellato (by Fran Burgdorf)

- -Sam Piscitelli (by Fran Burgdorf)
- -Rose Wojciechowski (by the Rosary Altar Society)
- -Maria R. Mangiaracina (by Michael & Maryanne Elrod)
- -Margaret Cornell (by Margaret Lavin)

#### Sunday - September 1, 2019

8:30 AM – For the People of the Parish 10:00 AM – Tom Cook (by Ellen Weglarz)

11:30 AM – Peggy Wilde (by Peter & Phyllis Walsh)



#### SOMETHING FROM DEACON JOHN

- 1. How many centimeters are there in one meter? 10 centimeters, 100 centimeters or 1,000 centimeters?
- 2. If you turn a knob counter-clockwise, would you turn it to the left or the right?
- 3. How many hours are there in one week? 120, 142 or 168 hours?
- 4. Which of the following fruits does not contain a pit? A kiwi, a mango or a peach?
- 5. Who was the Greek god of love? Cupid, Eros or
- What type of food is manchego? Is it a type of pasta, a fruit or cheese?

(continued from page 3)

## ALTAR BREAD, ROSE FOR LIFE & SANCTUARY PRAY FOR WORLD PEACE **CANDLE**

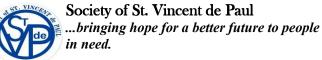
If you wish to donate the bread and wine for the week's Sunday and daily Eucharist celebrations, the offering is \$50. Opportunities to donate a Rose for Life are also available. The offering is \$5 per week. The sanctuary candle is available for memorialization. The offering is \$15.

#### FREE FOOD FOR LOW INCOME SENIORS

The CSFP (Commodity Supplemental Food Program), funded by USDA, NYSDOH and administered by Catholic Charities is offering free food for 6 to 12 months post-partum women, children from the age of 5 up to their sixth birthday, and seniors age 60 and over, who are income eligible. The food package includes cheese, milk, starches, cereals, juices, canned fruits, vegetables, canned fish, meats and more. Income guidelines for seniors are as follows: Gross monthly income; for single senior-\$1,180 or less, for senior couple-\$1,594 or less. For further information and income guidelines for women and children in Nassau and Suffolk, please call 631 623-4568 or 631 491-4156.

#### KING KULLEN RECEIPTS

Please save your register tapes from King Kullen in Garden City Park. 1% of your purchases are donated to the parish. Proceeds from register receipts are forwarded to various charities through the St. Vincent de Paul Conference of Our Lady of Hope.



In today's Gospel, Jesus tells us to "strive to enter through the narrow gate." Our call to be disciples and to follow Jesus demands that we learn to live for the sake of others. (516) 334-6288 ext. 18

#### Our Lady of Hope Parish Library

Please visit the Library, located in the front, right stairwell of the Church. If you have a question about your faith, you can find the answer in many of the library's titles. There are books on meditation and spiritual healing. The video collection contains lives of the saints and other religious subjects.

World Apostolate Fatima prayer cell at St. Brigid. Rosary at 7pm every Monday. Mass for world peace every last Monday of the month. For more information call G. Spear 414-7610.

## \*\*\*Please note\*\*\*

There is no parking directly in front of the church. This is reserved for emergency vehicles if needed. Please respect the safety of the parishioners of Our Lady of Hope Church. Thank you!









### **Courtesy Announcements**

The following are published as courtesies for a two-week period as space allows. They are not an endorsement of any functions or persons. If there are any difficulties or problems experienced with any ad, please call the Church Office so that we can remove the ad immediately. We apologize for any typographical errors.

#### FIRST NOTICE

WORLDWIDE MARRIAGE ENCOUNTER-Allow Jesus to transform your marriage and show you how to truly love your spouse by attending a Worldwide Marriage Encounter Weekend. The next weekends are November 8-10 and January 31-February 2 in Huntington, NY. For more information call John & Tori Torio at 877 697-9963 or visit wwmenyli.org.

COTTAGE FOR RENT-on North Shore, working couple. \$1,600/month Please call 516 459-9052.

WORLDWIDE MARRIAGE ENCOUNTER-Come join us for

a Day of Enrichment for all Marriage Encounter Couples on Saturday, September 14 at the Shrine of Our Lady of the Island, Manorville. The theme is "Beloved". The day begins at 8:30am breakfast, presentation at 9am and concludes with Mass at 4pm. Please bring your own picnic lunch and something for the sharing table. Cost \$10 per couple. For more information or to RSVP call 631 486-8607.

ALL ALUMNAE INVITED-Reunion of St. Michael Acade-

my will be held at 12 noon on Saturday, September 28 at Connolly's Pub, 121 W. 45 St., NY. Open to all alumnae but especially honors the Golden Anniversary Class of 1969 & the Silver Anniversary Class of 1994 as well as members of the Classes of 1949, 1954, 1959, 1964, 1974, 1979, 1974, 1989, 1999, 2004 & 2009. Cost is \$75 prior to 8/31, \$85 after. Cash bar. For more information or to RSVP visit saintmichaelacademyny.com or call 631 667-8875.

#### **SECOND NOTICE**

HOUSEMATE WANTED-shared bathroom, shared kitchen & microwave. Williston Park. For more information call 248-7795.

FOR THE TAKING-breakfront in excellent condition, glass front, drawers, cabinets. Also for the taking an upright piano with bench. Good condition. 516 319-2105.

FEIS & IRISH FESTIVAL-Ancient Order of Hibernians. Sunday September 15 from 9am to 6pm at Nickerson Beach, Lido Beach, NY. \$10 per person, children under 16 free. Irish step dancing, bag piping, vendors, traditional Irish music and singing, children's games. Catholic Mass celebrated at 11am. Please come join us!

FOR SALE-antique 45" round solid oak table. Please call Lorraine 516 248-7795 for more information.

APARTMENT FOR RENT-Carle Place, 2nd floor, 1 bedroom, close to all-LIRR, bus, shopping, church, restaurants. Immediate availability. \$1,800/month. Please call 516 778-3789.

TV MASS FOR THE HOMEBOUND-Is someone you love unable to join us at mass on the weekend? For the faithful at home or in healthcare settings, the Heart of the Nation Sunday TV Mass brings spiritual comfort and the blessing of joy-filled hope in our Risen Savior. Please invite anyone you know who cannot get out to church to tune in Catholic Mass of TV or watch online anytime on Sundays at www.HeartoftheNation.org.

BEREAVEMENT SUPPORT IN OUR DIOCESE-Please visit our helpful website: www.drvc-faith.org. Simply click on the word **Bereavement** on the bar in the middle of the home page and then click on **Support groups available now** and you will find:

Monthly & weekly support groups, groups for children, memorial programs, Help for the Holidays, Conferences and much more. Or for more information call Kathleen Logan, Bereavement Coordinator, 516 678-5800 ext. 236.

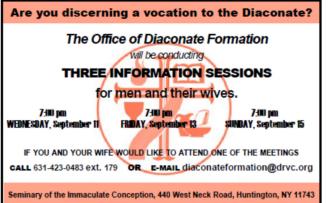
PROJECT INDEPENDENCE-Senior Transportation Program for all Town of North Hempstead residents age 60 and over for nonemergency medical visits and food shopping. Registration required. Call 311 or 869-6311 and get your Project Independence membership card. Shopping service is free, taxi rides to the doctor, dentist or treat-

ment center are at half price. Call for brochure and more information

STEADFAST CAREGIVERS-provides home companion services to seniors and home-bound adults. Our home care professionals are comprehensively screened, bonded, insured and monitored on an ongoing basis to ensure the highest quality care and companionship. Whether you need care on an hourly or live-in basis, Steadfast Caregivers offers affordable care. We offer a free and confidential in home assessment and are happy to answer any questions. 516 747-0570.

MEALS ON WHEELS-EAC Network program is available to individuals 60 years and older in Westbury, Carle Place and New Cassel. The basic requirements are; living alone, no longer driving and have a limited support system. 516 539-0150 ext. 219.

RELIGION AND ROCK-Tune into "Religion and Rock" with Msgr. Jim Vlaun on Sunday from 7am-8am on WBAB 102.3FM or 95.3FM on Long Island's East End. Listen on Saturdays at 11pm on Sirius Radio, Channel 159, the Catholic Channel and at 11pm on XM Satellite, Channel 117. www.religionandrock.com



#### ANSWERS TO DEACON JOHN'S QUESTIONS

- 1. 100 centimeters
- 2. Left
- 3. 168
   4. A kiwi
- 5. Eros
- 6. Cheese