

Our Lady of Hope Church



534 Broadway • Carle Place, NY 11514-1712

Tel 516.334.6288 • Fax 516.997.4622

www.olhope.org • secretary@olhope.org

Pastor Rev. Thomas V. Arnao, J.C.D.

Deacons Thomas B. Rich,

Raymond J. Tirelli, Patrick J. Dunphy

Sunday Priests

Rev. Edward Dowling, SJ

Staff

Rei Cornelius, Parish Office Manager

Mr. Raymond Henderson, Liturgical Music Director

Mrs. Anne Lonagan, Coordinator of Religious Education

WEEKEND MASS SCHEDULE

Saturday 5:00 pm

Sunday 8:30, 10:00, 11:30 am

Holy Days as announced

Weekday Mass Schedule-Mon to Fri 9:00 Mass

SACRAMENT OF PENANCE

Saturday at 4:00 pm or by appointment

SACRAMENT OF BAPTISM

Celebrated on the 3rd Sunday at 1:00 pm.

Please register in advance. There is a Baptismal Preparation Class on the last Sunday of alternating months after the 10:00 am Mass. Parents must attend the class prior to the child's baptism. Godparents are welcome.

Godparent Pre-Requisites - Godparents must be practicing Catholics in good standing, 16 years of age or older, Baptized and Confirmed Catholic.

CELEBRATION OF MARRIAGE

The Church provides certain times and preparation for weddings. Please contact the Church Office at least nine months in advance to begin the process.

CARE OF THE SICK

Please notify the Church Office when someone is seriously ill so that we can provide spiritual care.

OFFICE HOURS

Parish Office 334.6288

Mon to Fri 9:30 am to 4:00 pm, Sat 9 am to 2 pm

Sunday closed

Religious Education Office 334.4781

Email rel-ed@olhope.org

See www.olhope.org for more information

St. Brigid / Our Lady of Hope Regional School
333.0580

101 Maple Ave, Westbury, NY 11590

Mr. Paul Clagnaz, Principal

St. Vincent de Paul Society 334.6288 x 18

REGISTRATION

Every family and person within the parish is encouraged to register with the Church Office.

ON BECOMING A CATHOLIC

Those seeking information about the Catholic Faith are invited to contact the Church Office at 334.6288.

PRAYER

Novena Tues after 9:00 am Mass

Rosary after each weekday Mass

Holy Hour Thurs 1:00 pm

MISSION STATEMENT

We, the parish family of Our Lady of Hope, commit ourselves to continue the mission of Jesus Christ, to proclaim His Gospel, and to love one another as He loves us. We are a welcoming community of faith, guided by the Holy Spirit and centered on God's Word and the Eucharist. Through the Sacraments, prayer, and the stewardship of our God-given gifts, we provide opportunities to grow closer to God and to serve members of the community.



Our Lady of Hope This Week

JESUS CHRIST FREED US FROM THE SLAVERY OF SIN

As we begin Lent, our penance and fasts seem rather small in comparison with how Jesus suffered for our salvation. Our forty days does not quite compare to His forty days in the desert. We need only to call on Jesus, and He will deliver us from our sins. Each Lent presents a new opportunity to repent and grow in our relationship with the One who gave His all so we could be His.

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LITURGY OF THE WORD

In the Book of Deuteronomy, Moses instructs the people to offer gifts to the Lord for their freedom from slavery in Egypt, and for God’s never-ending care. In his Letter to the Romans, Paul reminds his readers that without any distinction of nationality, all who call on the name of the Lord will be saved. Luke’s Gospel tells how Jesus withstood the temptations of the devil.

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STEWARDSHIP THOUGHT FOR THE FIRST SUNDAY OF LENT

As we enter this Lenten season let us allow God into our weaknesses to break us free from all temptation. We cannot defeat sin alone, only God can do that. We need to let God into our lives and clean up the mess within us. Be open to Him in prayer, be yourself and be vulnerable to His love.

THE HOLY SEASON OF LENT

Please join us on Fridays during Lent for the Stations of the Cross at 7:30pm.

May the upcoming holy season offer you an opportunity for prayer, reflection and growth in God’s grace. Some have inquired about the practice of fast and abstinence:

Fasting obliges all Catholics (from ages 18 to 59 inclusive) to fast on Ash Wednesday and Good Friday. On the fast days, we may take one full meal, two smaller meals and no snacking in between meals. Abstinence obliges all Catholics (14 years and older) to abstain from meat on Ash Wednesday, Good Friday AND all other Fridays of Lent.

WE SHARE ONLINE GIVING

Online giving is available at Our Lady of Hope and it’s safe, simple and convenient. Please visit olhope.weshareonline.org to get started. The site is very “user friendly”, but if you still have questions please do not hesitate to call the church office or WeShare directly at 800 950-9952.

Last Sunday’s collection 3/3/19	\$9,680.50
Same Last Year	\$8,947.50
Weekly amount needed	\$9,456.00
Shortfall	none
Attendance 3/3/19	653
Same Last Year	605
<i>Thank you for your generosity in returning to God some of what He has given you.</i>	



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RELIGIOUS EDUCATION

All Mass Reflections for all levels were due to be submitted by March 1.

All Confirmation paperwork was also due to be submitted by March 1.

We encourage all families to participate in the **Lenten Project**. All Levels have been assigned a specific product which we will collect at our Religion classes and donate to The Ronald McDonald House at Long Island Jewish Hospital. See flyer in bulletin and the one sent home with your children. Please consider this worthy cause. Thank you.

All students are encouraged to attend Stations of the Cross on any Friday during Lent at 7:30pm. **Level 6** students must attend one service and **hand in their Stations of the Cross attendance card in the blue box** by March 29. Scripture Reflections are due March 1.

Level 6 will be holding its annual **Seder** with Msgr Chris Heller on **Thursday, March 14 at 6:15-8:30pm** in Msgr Midura Hall. All Level 6 students are required to attend. Please be prompt. This event replaces the regularly scheduled class.

All Level 8 students are required to attend the **Confirmation Penance Service & Reconciliation** on **Tuesday, March 19 at 7-8pm** in the upper church.

Attention Level 7: Journey, Cross and Crucifixion will be presented on **Wednesday, March 20 at 8pm**. All Level 7 students are required to attend. This presentation takes the place of this week's Rel Ed class. This presentation is open to the families and community at large as well.

WESTBURY COUNCIL 1012 SCHOLARSHIP

The Westbury Council of the Knights of Columbus is currently accepting applications for its Annual Scholarship Award. The scholarship is available to 8th grade students who are children or grandchildren of members in good standing (dues paid) of the Westbury Council and who will be attending a Catholic High School in the fall of 2019. New candidates for membership who are installed by April 30 will qualify their child or grandchild's application for consideration of an award. Applications and instructions can be found on our website www.kofc1012.org. Any questions, please contact Tom Oftring at 997-8278 or email oftring@hotmail.com. All applications must be received by the council no later than April 30.

VIRTUS TRAINING-PROTECT OUR CHILDREN!

Virtus is a program that gives us a specific plan in identifying and preventing child sexual abuse. The training is required of all diocesan personnel and volunteers in all parishes.

If you are a volunteer and still need to fulfill this obligation check the Long Island Catholic or the Diocesan website, www.drvc.org for training sessions available in the area. Please register for the class online or stop in the Church office.

The Office for the Protection of Children and Young People maintains a confidential phone line: 516 594-9063. We are available to help you or anyone who has been abused or victimized by someone representing the Catholic Church. All calls are responded to within 24 hours.

ALTAR BREAD, ROSE FOR LIFE & SANCTUARY CANDLE

If you wish to donate the bread and wine for the week's Sunday and daily Eucharist celebrations, the offering is \$50. Opportunities to donate a Rose for Life are also available. The offering is \$5 per week. The sanctuary candle is available for memorialization. The offering is \$15.

BAPTISM PREPARATION CLASS

The class for Baptism will be held every other month on the last Sunday of the month at 11am in the lower church. The next class scheduled is April 28.



OUR LADY OF HOPE FOOD PANTRY

At this time, the Food Pantry is in need of the following items:

- ▶ **Instant potatoes**
- ▶ **Cereal, all varieties**
- ▶ **Cookies-Chocolate chip & Oreos**

Take positive action for Lent with donations! Thank you for your continued generosity!

The Food Pantry Staff

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Let us pray...

FOR OUR PARISHIONERS SERVING IN UNIFORM

Steven J. LaRosa, USMC, Michael B. Kilgannon, USAF, AC1 Eric Cullum, US Navy (D), Captain Kristofer Seibt, US Army (D), Cpl. Matthew Ketcham (D), Lt. Col. Matthew Kessler, USMC, Master Sgt. James Higgins, USMC, Robert Weingartner, Matthew Ziminsky, Daniel J. Vincent USAF, Timothy Vincent USMC, Captain Caitlin M. Drumm, USAF-MC, LT Joe Wengler, US Navy.

**D = Deployed*

FOR THOSE WHO HAVE DIED...

especially those who have no one to pray
for them.



Sanctuary Candle

In memory of Bernard Gomes
-by the family



Rose for Life

In memory of Bernard Gomes
-by the family

FOR ALL WHO ARE SICK

Maria Acierno, Mary Alba, Elvia Aleman, Ronald Aman, Eleanor Angelis, Yvonne Angeles, Maya Annunziato, Mikey Armand, Jeanne (Porcelli) Aroyo, Anthony Barbera, Concetta Basso, Susan Blum, Deborah Bourassa, Mary Broyles, Peter Burkhardt, Giuseppe Burro, Diana Cabral, Eustacia Calderone, Michael Caplice, Brianna Cardenas, Maria Carrillo, Richard Casella, Gianna Casella, Marcel Chaillol, Joan Clarke, Judy Clickner, Gina Corleto, Marie Corte, George Costidis, Lona Cruz, Esther Curran, Dana Day, Peter DeFilippo, Kim DeRidder, Marie DeSimone, Joseph DiBiasi, Bernard Dicks, May Dong, Hailey Eimer, Joe Farinano, Alice Feldt, Margaret Flahive, Marie Francis, Grace Franzese, Mario Gaigan, Gerry Giorgio, Linda Gildea, Patricia Gioffre, Donna Girardi, Susan Goode, Emily Grimm, Art Howell, Helen Jara, Jacqueline Klein, Sue Klein, Barbara Knapp, Tom Knapp, Susan Goglia Kopas, Dorothy Kuchler, Marietta Lettau, Lois Lewis, Raymond Licata, John Malavolta, Sherrie Mayzie, John McDonald, Elaine Medoro, Maria Merz, Logan Molinari, Heather Morella, Baby Viviana Mortellaro, William C. Murphy, Angelina Muzio, Danny Noble, Theresa Noto, Maureen Ostrowski, Angela Pascarella, James Passarella, Rylie Pederson, Antonio Perrino, Ann Peters, Loraine Pino, Joseph Piscitelli, Lorraine Poduch, Victor Praete, Fran Precipuo, Vincent Purcell, Kathleen Rainone, Joel Rivera, Daniel Roche, Nicole Roeder, Alex Salvaggio, Sara Sammartino, Rosa Santos, John Saunders, Joseph Schaefer, Maureen Schroeder, Randy J. Smith, Donna Spano, Mark Sterlacci, Sr., Darrell Stone, Nancy Tandi, Kerri Taylor, Florence Theroux, Joan Thue, James Tirone, Marie Tricarico, Rose Unquhaver, Flo Vaccaro, Christopher Velez, Joseph Vigotty, Frank Wetmore, Maureen Wotten, Sondra Yannone, Rose Youngblood

Please call the parish office, if someone on this list has returned to reasonable

Altar Bread & Wine



In memory of Bernard Gomes
-by the family

MINISTERS AT MASSES March 16 & 17				
	5:00pm	8:30am	10am	11:30am
PRESIDER	Fr. Callan	Fr. Dowling, SJ	Fr. Al	Fr. Arnao
LECTOR	B. Corrigan	D. Restivo	tbd	C. Phillips
ALTAR SERVERS	E. Johnson	G. Iannucci A. Kubovic	M. McCarthy G. Winter	D. Barbour
EUCCHARISTIC MINISTERS	D. Auguston F. Barbuto L. Heller N. Moir <i>Volunteer needed</i> <i>Volunteer needed</i>	L. Boone N. Boone M. O'Leary B. O'Donnell A. Mandaro J. Blum	D. Buttgereit R. Biggin V. DeRicco R. Grillo A. Lonagan J. Messina	A. Santana E. Santana P. Walsh B. Harrs F. Stein <i>Volunteer needed</i>
MUSIC MINISTERS	Cantor/Organ		Cantor/Organ	Cantor/Organ

St. Brigid/Our Lady of Hope Regional School



BUDDIES!

At STBOLH, older and younger grade students are buddied up for prayer and projects throughout the year. In these photos, 7th grade and Pre-K buddies got together for a project and a treat-- pizza on a biscuit!

Interested in joining our school community? Please call us at 516-333-0580 to schedule a tour.



Can't make it to the Fashion Show? Don't miss out on a chance to enter the Grand Prize Raffle! Simply return this entry form, along with your payment, to the school office. You can also purchase raffle tickets online at <http://bit.ly/stbolhfashion>

100 Years of Fashion

DINNER AND FASHION SHOW

NAME: _____

PHONE: _____

E-MAIL: _____

TO PURCHASE RAFFLES ONLINE PLEASE VISIT:
bit.ly/stbolhfashion

ST BRIGID/OUR LADY OF HOPE REGIONAL SCHOOL PARENTS' ASSOCIATION
GRAND PRIZE RAFFLE TICKETS
\$10 EACH OR 3 FOR \$25



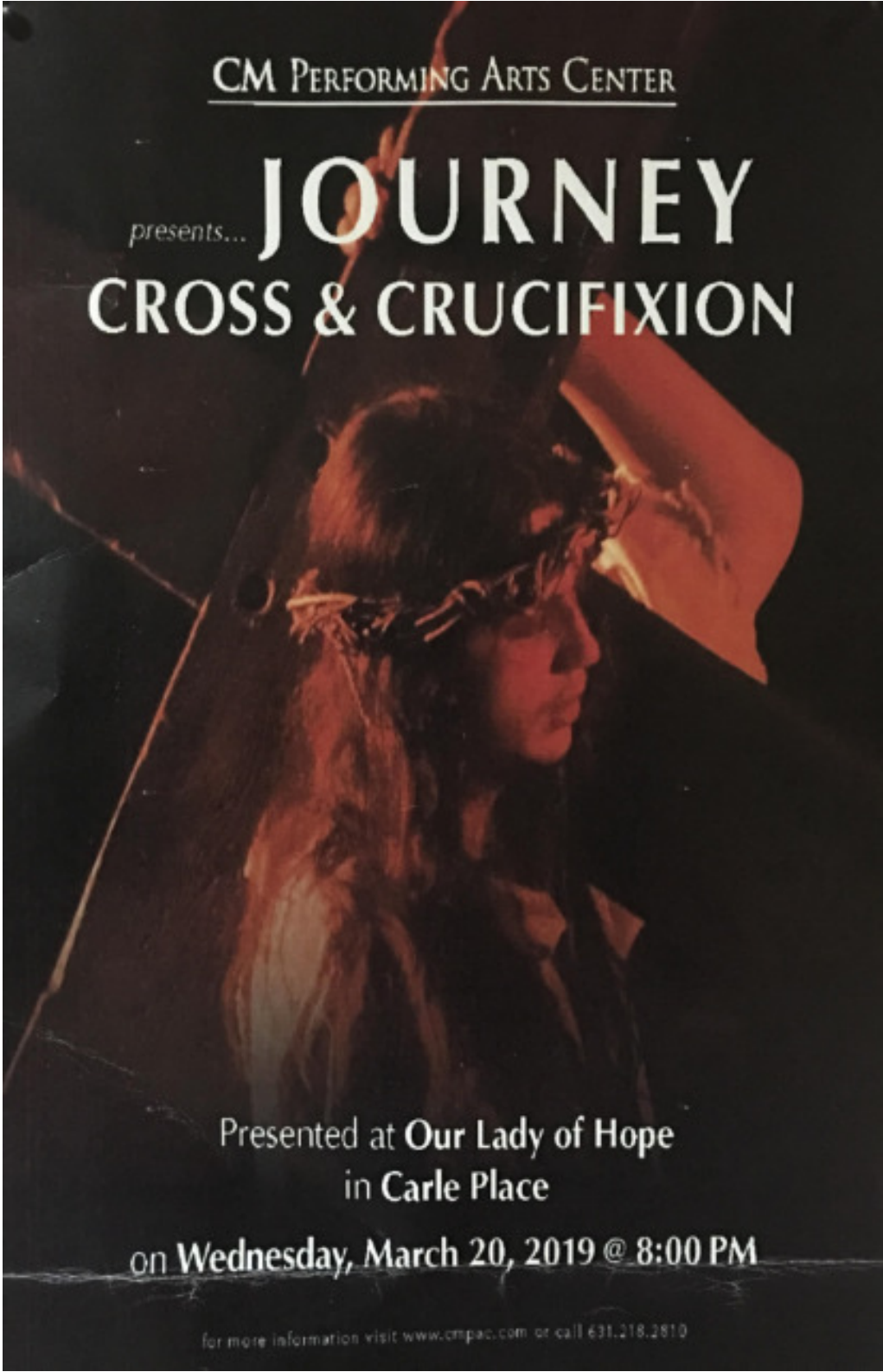
1ST PRIZE: \$500
AMERICAN EXPRESS
GIFT CARD



2ND PRIZE:
APPLE
IPAD
9.7" 32 GB

3RD PRIZE: BROADWAY TICKETS
2 ORCHESTRA SEATS TO:
MEAN GIRLS AT 7:00 PM
THURSDAY, MAY 16, 2019





CM PERFORMING ARTS CENTER

presents... **JOURNEY**
CROSS & CRUCIFIXION

Presented at **Our Lady of Hope**
in Carle Place

on **Wednesday, March 20, 2019 @ 8:00 PM**

for more information visit www.cmpac.com or call 631.218.2810

Our Lady of Hope Religious Education

Lenten Project

This Lenten season, let's help families in need. We're asking all OLH religious education students and parishioners for donations of personal grooming items and various household items to be donated to our local Ronald McDonald House.

STUDENTS: please bring the item listed for your grade to your assigned date listed below.

PARENTS: please encourage your kids to do small chores around the house in order to earn the money to pay for the item.

PARISHIONERS: all parishioners are welcomed and encouraged to donate any of the items listed here. Please place in boxes marked "For RMcH" in the basement of the church.

<u>Level</u>	<u>Item</u>	<u>Date/Liturgy</u>
1	Tooth paste	Week of March 25 th to Religion Class
2	Tooth Brushes	Week of March 25 th to Religion Class
3	Tissues	Week of March 25 th to Religion Class
4	Paper Towels	Week of March 25 th to Religion Class
5	Sponges	Week of March 25 th to Religion Class
6	Fantastic or 409	Week of March 25 th to Religion Class
7	Bathroom Soap Pumps	Week of March 25 th to Religion Class
8	Windex	Week of March 25 th to Religion Class

Let's do something good for the benefit of those in need.

Thank you for your contribution to this worthy cause.



"May the Holy Spirit lead us on a true journey of conversion, so that we can rediscover the gift of God's word, be purified of the sin that blinds us, and serve Christ present in our brothers and sisters in need." - Pope Francis

Almsgiving in Lent

During the Lenten Season we are asked to pray, fast and give alms.

Lent is a perfect time for us to pray for those in need - whether it is for their material, emotional or spiritual needs.

And when you practice fasting and abstinence during these forty days, please remember those of our neighbors who are hungry and consider sharing your gifts with them.

One good way to do this is by making a gift to the **Catholic Ministries Appeal**, which supports programs that help feed people in our community each year through both Catholic Charities and our Parish Outreach Centers.



For more information about the Catholic Ministries Appeal, please visit CatholicMinistriesAppeal.org or call 516-678-5800 ext. 296.

MASS INTENTIONS for the week of March 9



Saturday – March 9, 2019

Anticipated Mass for Sunday

- 5:00 PM – Peggy Wilde (by the Erker family)
 -Rosa Lydia Figueroa (by Peter & Phyllis Walsh)
 -Jean Curran (by Nancy & Donald Smith)

Sunday – March 10, 2019

- 8:30 AM – For the People of the Parish
 In the missions:
 -Gertruda Rokuls (by Valentina)
 10:00 AM – Karl Thomas Korpi (by Joan & Victor Arnao)
 In the missions:
 -Vito Basso (by his children)
 11:30 AM – Andrew Acierno (by Jean Stavola)
 In the missions:
 -Jim McGuinness (by Mr. & Mrs. Miguel Araya)
 -Peggy Wilde (by the DiFrisco family)

Monday – March 11 2019

- 9:00 AM – For the souls most in need of prayers (by Ellen Weglarz)

Tuesday – March 12 2019

- 9:00 AM – Bernard M. Gomes (by the family)

Wednesday – March 13 2019

- 9:00 AM – Peggy Wilde (by Mary Ann Friend)

Thursday – March 14 2019

- 9:00 AM – Mary Kopper (by Mary Ryan)

Friday – March 15 2019

- 9:00 AM – Giovanni DePaulis (by the family)
 -Patricia Rawlings (by the Scagnelli family)

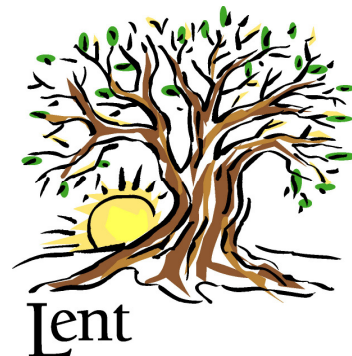
Saturday – March 16 2019

Anticipated Mass for Sunday

- 5:00 PM – Davis, Shanley, & Mc Nerney families (by James Davis)
 -Peggy Wilde (by Marie Agrusa)
 -Gerald Savitsky (by Mary & George Lindeman)
 -Dennis Collins (by Dan & Lynn Minchella)

Sunday – March 17 2019

- 8:30 AM – Joseph McKeon (by the McKeon family)
 In the missions:
 -Katie Lindeman (Happy Birthday in Heaven) (by the family)
 10:00 AM – For the People of the Parish
 In the missions:
 -Domenico Buffolino (by his wife & kids)
 11:30 AM – Andrew Acierno (by Ray Henderson)





SOMETHING FROM DEACON JOHN

1. Which is the first day of Lent? Shrove Tuesday, Ash Wednesday or Maundy Thursday?
2. Which is the last Sunday of Lent? Pentecost Sunday, Easter Sunday or Palm Sunday?
3. On which day is the Chrism Mass? Maundy Thursday, Ash Wednesday or Good Friday?
4. Which event related to Jesus is celebrated on Easter Sunday? His Baptism, His Transfiguration or His Resurrection?
5. Who mistook the risen Jesus for a gardener? Joanna, Mary Magdalene or Cleophas?
6. Which is the last day of the Easter season? Ascension Thursday, Pentecost or Trinity Sunday?

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BEREAVEMENT COUNSELING AND SUPPORT SERVICE

St. Bernard, Levittown and St. Brigid, Westbury are offering two general bereavement groups this spring and ongoing groups for bereaved parents and survivors of suicide will be resuming. There is a one-time registration fee of \$20 for all groups.

General Bereavement Groups (meet weekly)

St. Bernard Thursdays April-June 7-8:15pm
 St. Brigid Wednesdays April-June 7-8:15pm

Group for Bereaved Parents (meets 1st & 3rd)

St. Bernard Monday Mar.-ongoing 7-8:15pm

Group for Survivors of Suicide (meets 2nd & 4th)

St. Bernard Monday Mar.-ongoing 7-8:15pm

Interested individuals need to register by contacting the parish directly. Sr. Christine Sammons is the contact person at St. Bernard, 516 731-6074 and Maria Piniero is the contact person at St. Brigid, 516 334-0021.

For questions about the groups, contact Luciano Sabatini, PhD at 516 799-5873 or email at lousab@aol.com.

*****Please note*****

There is no parking directly in front of the church. This is reserved for emergency vehicles if needed. Please respect the safety of the parishioners of Our Lady of Hope Church. Thank you!



Society of St. Vincent de Paul

...bringing hope for a better future to people in need.

In today's Gospel, Jesus overcomes the temptations to wealth, power and esteem. As we begin Lent, may we open our hearts to the grace of prayer, fasting and almsgiving.

(516) 334-6288 ext. 18


Our Lady of Hope Parish Library

Please visit the Library, located in the front, right stairwell of the Church. If you have a question about your faith, you can find the answer in many of the library's titles. There are books on meditation and spiritual healing. The video collection contains lives of the saints and other religious subjects.

MEMORIAL BRICKS

We are accepting orders for the memorial bricks which are being placed in front of the Grotto on the parking lot side of the church. Order forms are available in the church office. The cost of a memorial brick is \$125. If you have any questions, please call the church office.

Holy Hour



Thursday's at 1 pm

Miraculous Medal Novena



Tuesday's after the 9am Mass

2019 CATHOLIC MINISTRIES APPEAL	
Goal	\$51,900.00
Pledged	\$23,195
Paid	\$13,885
% of Goal pledged	45%
% of Goal paid	27%
Donors	72

Courtesy Announcements

The following are published as courtesies for a two-week period as space allows. They are not an endorsement of any functions or persons. If there are any difficulties or problems experienced with any ad, please call the Church Office so that we can remove the ad immediately. We apologize for any typographical errors.

FIRST NOTICE

HAVE YOU HEARD THE GOOD NEWS-Fr. Edward Dowling's wonderful books of our *Sunday Gospel Reflections* are available for you to read anytime! His collection of homilies are for everyone who would like to be better acquainted with the Sunday readings. Wonderful and thorough, these books are an absolute treasure! **Three volume set is \$25.** Please contact Tam Musella tmmc4me@aol.com or 790-7778.

BALLOONS BY DESIGN-decorate your next event with balloons. Communion, Graduations, Birthdays, Showers. Table centerpieces, arches, floor displays and much more. Contact OLH parishioner Margie Fiorillo at 445-0831. 10% of Balloon by Design's profit will be donated to Our Lady of Hope.

APARTMENT FOR RENT-Carle Place, 2nd floor, 1 bedroom, close to all-LIRR, bus, shopping, church, restaurants. Immediate availability. \$1,800/month. Please call 516 778-3789.

CAREGIVER/AIDE/COMPANION AVAILABLE-Carol Kelly lives locally, drives, speaks English. Can drive to medical appointments, shopping and can help with daily tasks. Experienced, references upon request. Call 516 313-5795.

WORLDWIDE MARRIAGE ENCOUNTER-Are there times in your life or marriage relationship when you judge you are in a spiritual desert? Bring life to your marriage by attending a Worldwide Marriage Encounter Weekend. The next weekends are April 26-28 and June 28-30 in Huntington, NY. For more information call John & Toni Torio at 877 697-9963.

LET'S REUNITE-Call all classmates that attended St. Anthony of Padua School in East Northport from 1958-1992. Reunion on October 12, 2019 in the school auditorium. Join us for a fun-filled evening! Renew old friendships, reminisce about the past! For more information contact the reunion committee stanthonyoypaduareunionenpt@yahoo.com.

SECOND NOTICE

K OF C COUNCIL 1012-will be having it's **St. Patrick/St. Joseph Celebration** on March 23 at 6:30pm. Corned beef and cabbage dinner and live music. Tickets \$20 for single and \$35 for couple. Call Steve Fleming 946-6968 or Jim Smith 794-4387. No tickets will be sold at the door.

CELEBRATE MARRIAGE-A full day Enrichment for married couples. All married couples are welcome on Saturday, March 16 from 9:30am to 4:30pm at Corpus Christi Parish in Mineola. Continental breakfast and lunch provided. \$40 per couple. RSVP by March 8, Diane & Jim Popp 794-0069 or dmuckster@aol.com.

MISSION WITH BISHOP KICANAS-noted preacher, at St. Thomas the Apostle, West Hempstead, March 24-26. Sunday-6pm Mass with extended Homily, Monday & Tuesday-7:30pm prayer service with Mission Sermon, All are invited.

FOR RENT-bedroom, private bathroom, hotplate, separate entrance. Please call 631 327-7251.

BEREAVEMENT SUPPORT IN OUR DIOCESE-Please visit our helpful website: www.drvc-faith.org. Simply click on the word **Bereavement** on the bar in the middle of the home page and then click on **Support groups available now** and you will find: Monthly & weekly support groups, groups for children, memorial programs, Help for the Holidays, Conferences and much more. Or for more information call Kathleen Logan, Bereavement Coordinator, 516 678-5800 ext. 236.

PROJECT INDEPENDENCE-Senior Transportation Program for all Town of North Hempstead residents age 60 and over for non-emergency medical visits and food shopping. Registration required. Call 311 or 869-6311 and get your Project Independence membership card. Shopping service is free, taxi rides to the doctor, dentist or treatment center are at half price. Call for brochure and more information.

STEADFAST CAREGIVERS-provides home companion services to seniors and home-bound adults. Our home care professionals are comprehensively screened, bonded, insured and monitored on an ongoing basis to ensure the highest quality care and companionship. Whether you need care on an hourly or live-in basis, Steadfast Caregivers offers affordable care. We offer a free and confidential in home assessment and are happy to answer any questions. 516 747-0570.

MEALS ON WHEELS-EAC Network program is available to individuals 60 years and older in Westbury, Carle Place and New Cassel. The basic requirements are; living alone, no longer driving and have a limited support system. 516 539-0150 ext. 219.

EAC NETWORK'S IN-HOME RESPITE PROGRAM-is a not for profit social service agency that provides respite for caregivers of the elderly in Nassau County. This service provides 2-6 hours of in-home companion care/week, serve any Nassau County resident caring for an adult 60 or older and companions are screened and trained. Call 539-0150 ext 215 or Christine ext 218 to find out more about the program.

RELIGION AND ROCK -Tune into "Religion and Rock" with Msgr. Jim Vlaun on Sunday from 7am-8am on WBAB 102.3FM or 95.3FM on Long Island's East End. Listen on Saturdays at 11pm on Sirius Radio, Channel 159, the Catholic Channel and at 11pm on XM Satellite, Channel 117. Next Sunday's theme is "Commitment" don't miss it! www.religionandrock.com

ANSWERS TO DEACON JOHN'S QUESTIONS

1. Ash Wednesday
2. Palm Sunday
3. Maundy Thursday
4. Jesus' Resurrection
5. Mary Magdalene
6. Pentecost