

WEEKEND MASS SCHEDULE

Saturday 5:00 pm Sunday 8:30, 10:00, 11:30 am Holy Days as announced Weekday Mass Schedule-Mon to Fri 9:00 Mass

SACRAMENT OF PENANCE

Saturday at 4:00 pm or by appointment

SACRAMENT OF BAPTISM

Celebrated on the 3rd Sunday at 1:00 pm. Please register in advance. There is a Baptismal Preparation Class on the last Sunday of alternating months after the 10:00 am Mass. Parents must attend the class prior to the child's baptism. Godparents are welcome.

Godparent Pre-Requisites - Godparents must be practicing Catholics in good standing, 16 years of age or older, Baptized and Confirmed Catholic.

CELEBRATION OF MARRIAGE

The Church provides certain times and preparation for weddings. Please contact the Church Office at least nine months in advance to begin the process.

CARE OF THE SICK

Please notify the Church Office when someone is seriously ill so that we can provide spiritual care.

534 Broadway • Carle Place, NY 11514-1712 Tel 516.334.6288 • Fax 516.997.4622 www.olhope.org • secretary@olhope.org Pastor Rev. Thomas V. Arnao, J.C.D. Deacons Thomas B. Rich, Raymond J. Tirelli, Patrick J. Dunphy

Sunday Priests

Rev. Edward Dowling, SJ

Staff

Rei Cornelius, Parish Office Manager Mr. Raymond Henderson, Liturgical Music Director Mrs. Anne Lonegan, Coordinator of Religious Education

OFFICE HOURS

Parish Office 334.6288

Mon to Fri 9:30 am to 4:00 pm, Sat 9 am to 2 pm Sunday closed

Religious Education Office 334.4781

Email rel-ed@olhope.org See www.olhope.org for more information

St. Brigid / Our Lady of Hope Regional School 333.0580

101 Maple Ave, Westbury, NY 11590 Mr. Paul Clagnaz, Principal

St. Vincent de Paul Society 334.6288 x 18

REGISTRATION

Every family and person within the parish is encouraged to register with the Church Office.

ON BECOMING A CATHOLIC

Those seeking information about the Catholic Faith are invited to contact the Church Office at 334.6288.

PRAYER

Novena Tues after 9:00 am Mass Rosary after each weekday Mass Holy Hour Thurs 1:00 pm

MISSION STATEMENT

We, the parish family of Our Lady of Hope, commit ourselves to continue the mission of Jesus Christ, to proclaim His Gospel, and to love one another as He loves us. We are a welcoming community of faith, guided by the Holy Spirit and centered on God's Word and the Eucharist. Through the Sacraments, prayer, and the stewardship of our God-given gifts, we provide opportunities to grow closer to God and to serve members of the community.



Our Lady of Hope This Week

JESUS IS BELOVED SON AND FULFILLMENT OF GOD'S PROMISES

At this early point in our Lenten journey, our readings remind us of God's promises to humanity and His faithfulness to those promises. Full of the same hope that once spurred Abraham on to leave his homeland and Paul to preach the Gospel with commitment and fidelity, they now seek to encourage us in our Lenten disciplines.

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LITURGY OF THE WORD

The promises made to Abraham go beyond his wildest dreams—he will be the father of a great nation, as numerous as the stars in the night sky. Saint Paul challenges the Philippians to imitate him and to stand firm and faithful in the Lord. The glory of the Transfiguration gives us a glimpse of the glory of the risen Christ.

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of what He has given you.









Last Sunday's collection 3/10/19	\$9,680.50
Same Last Year	\$8,287.50
Church in Need Collection	\$1,796.00
Same Last Year	\$1,638.00
Weekly amount needed	\$9,456.00
Shortfall	none
Attendance 3/10/19	663
Same Last Year	775
Thank you for your generosity in returning to God some	

THE HOLY SEASON OF LENT

Please join us on Fridays during Lent for the Stations of the Cross at 7:30pm.

May the upcoming holy season offer you an opportunity for prayer, reflection and growth in God's grace. Some have inquired about the practice of fast and abstinence:

Fasting obliges all Catholics (from ages 18 to 59 inclusive) to fast on Ash Wednesday and Good Friday. On the fast days, we may take one full meal, two smaller meals and no snacking in between meals. Abstinence obliges all Catholics (14 years and older) to abstain from meat on Ash Wednesday, Good Friday AND all other Fridays of Lent.

WE SHARE ONLINE GIVING

Online giving is available at Our Lady of Hope and it's safe, simple and convenient. Please visit olhope.weshareonline.org to get started. The site is very "user friendly", but if you still have questions please do not hesitate to call the church office or WeShare directly at 800 950-9952.

BAPTISM PREPARATION CLASS

The class for Baptism will be held every other month on the last Sunday of the month at 11am in the lower church. The next class scheduled is April 28.

2019 CATHOLIC MINISTRIES APPEAL		
Goal	\$51,900	
Pledged	\$32,355	
Paid	\$21,070	
% of Goal pledged	62%	
% of Goal paid	41%	
Donors	89	

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(Continued from page 2)

RELIGIOUS EDUCATION

A big Thank you to all the Level 4 students who participated in the Parade of Saints last weekend: unteers in all parishes. Hailey Kruk, Justin Taveras, William Auerbach, Olivia Ketterhagen, Emily Lopes, Nicholas Milazzo, Logan If you are a volunteer and still need to fulfill this obli-Alexa Bowen, Madison Reedy, Christian Gomes, Ava in the Church office. Gomes, Sophia Henglein, Kieran Reynolds, and Logan Fraine

We encourage all families to participate in the **Lenten** Project. All Levels have been assigned a specific product which we will collect at our Religion classes and donate to The Ronald McDonald House at Long Island Jewish Hospital. See flyer in bulletin and the MEMORIAL BRICKS one sent home with your children. Please consider this worthy cause. Thank you.

All students are encouraged to attend Stations of the Cross on any Friday during Lent at 7:30pm. Level 6 students must attend one service and hand in their Stations of the Cross attendance card in the blue box church office. by April 5.

All Level 8 students are expected to attend the Confirmation Penance Service & Reconciliation on Tuesday, March 19 at 7-8pm in the upper church.

Attention Level 7: The Journey, Cross and Crucifixion will be presented on Wednesday, March 20 at **8pm.** All Level 7 students are required to attend. This presentation takes the place of this week's Rel Ed class. This presentation is open to the families and community at large as well.

el 7 student with their parent is expected to attend.

BLOOD DRIVE

Our Lady of Hope will be sponsoring a blood drive on Sunday, March 31 from 8:45am to 1:45pm in the lower church. Your donation will help to save up to three live. Our community hospitals need your help. To



schedule an appointment contact Bill Corrigan 746-3555. For questions concerning medical eligibility call 1 800 688-0900.

VIRTUS TRAINING-PROTECT OUR CHILDREN!

Virtus is a program that gives us a specific plan in identifying and preventing child sexual abuse. The training is required of all diocesan personnel and vol-

Stewart, Adrianna Altadonna-Zumpano, Isabella gation check the Long Island Catholic or the Diocesan Gomes, Michael Tucholski, Christopher Ruebenacker, website, www.drvc.org for training sessions available Bernadette Green, Anthony Kubovic, Dylan Weilert, in the area. Please register for the class online or stop

> The Office for the Protection of Children and Young People maintains a confidential phone line: 516 594-9063. We are available to help you or anyone who has been abused or victimized by someone representing the Catholic Church. All calls are responded to within 24 hours.

We are accepting orders for the memorial bricks which are being placed in front of the Grotto on the parking lot side of the church. Order forms are available in the church office. The cost of a memorial brick is \$125. If you have any questions, please call the

ALTAR BREAD, ROSE FOR LIFE & SANCTUARY **CANDLE**

If you wish to donate the bread and wine for the week's Sunday and daily Eucharist celebrations, the offering is \$50. Opportunities to donate a Rose for Life are also available. The offering is \$5 per week. The sanctuary candle is available for memorialization. The offering is \$15.

Please note

Level 7 will have its Parent/Child Confirmation Infor- There is no parking directly in front of the mation Service on Monday, March 25 at 7pm. church. This is reserved for emergency vehicles if Please bring your Decision Point workbook. Each Lev- needed. Please respect the safety of the parishioners of Our Lady of Hope Church. Thank you!

OUR LADY OF HOPE FOOD PANTRY

At this time, the Food Pantry is in need of the following items:

- ►Instant potatoes
- ► Cereal, all varieties
- ► Cookies-Chocolate chip & Oreos

Take positive action for Lent with donations! Thank you for your continued generosity!

The Food Pantry Staff

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Let us pray...

FOR OUR PARISHIONERS SERVING IN UNIFORM

Steven J. LaRosa, USMC, Michael B. Kilgannon, USAF, AC1 Eric Cullum, US Navy (D), Captain Kristofer Seibt, US Army (D), Cpl. Matthew Ketcham (D), Lt. Col. Matthew Kessler, USMC, Master Sgt. James Higgins, USMC, Robert Weingartner, Matthew Ziminsky, Daniel J. Vincent USAF, Timothy Vincent USMC, Captain Caitlin M. Drumm, USAF-MC, LT Joe Wengler, US Navy.

D = Deployed

FOR THOSE WHO HAVE DIED...

especially Frank Papa,

William C. Murphy and Geraldine Tynan.



Sanctuary Candle

In loving memory of Joseph McKeon by the family



Rose for Life

In loving memory of Joseph McKeon -by the family

FOR ALL WHO ARE SICK

Maria Acierno, Mary Alba, Elvia Aleman, Ronald Aman, Eleanor Angelis, Yvonne Angeles, Maya Annunziato, Mikey Armand, Jeanne (Porcelli) Aroyo, Anthony Barbera, Concetta Basso, Vincenzia Berasti, Susan Blum, Deborah Bourassa, Mary Broyles, Peter Burkhardt, Giuseppe Burro, Diana Cabral, Eustacia Calderone, Michael Caplice, Brianna Cardenas, Maria Carrillo, Richard Casella, Gianna Casella, Marcel Chaillol, Joan Clarke, Judy Clickner, Gina Corleto, Marie Corte, George Costidis, Lona Cruz, Esther Curran, Dana Day, Peter DeFilippo, Kim DeRidder, Marie DeSimone, Joseph DiBiasi, Bernard Dicks, May Dong, Hailey Eimer, Joe Farinaro, Alice Feldt, Margaret Flahive, Marie Francis, Grace Franzese, Mario Gaigan, Gerry Georgio, Linda Gildea, Patricia Gioffre, Donna Girardi, Susan Goode, Emily Grimm, Art Howell, Helen Jara, Jacqueline Klein, Sue Klein, Barbara Knapp, Tom Knapp, Susan Goglia Kopas, Dorothy Kuchler, Marietta Lettau, Lois Lewis, Raymond Licata, John Malavolta, Sherrie Mayzie, John McDonald, Elaine Medoro, Maria Merz, Logan Molinari, Heather Morella, Baby Viviana Mortellaro, Angelina Muzio, Danny Noble, Theresa Noto, Maureen Ostrowski, Angela Pascarella, James Passarella, Rylie Pederson, Antonio Perrino, Ann Peters, Loraine Pino, Joseph Piscitelli, Lorraine Poduch, Victor Praete, Fran Precipuo, Vincent Purcell, Kathleen Rainone, Joel Rivera, Daniel Roche, Nicole Roeder, Alex Salvaggio, Sara Sammartino, Rosa Santos, John Saunders, Joseph Schaefer, Maureen Schroeder, Randy J. Smith, Donna Spano, Mark Sterlacci, Sr., Darrell Stone, Nancy Tandi, Kerri Taylor, Florence Theroux, Joan Thue, James Tirone, Marie Tricarico, Rose Unquhaver, Flo Vaccaro, Christopher Velez, Joseph Vigotty, Frank Wetmore, Maureen Wotten, Sondra Yannone, Rose Youngblood

Please call the parish office, if someone on this list has returned to reasonable health and can be removed from the list. At times, names may be taken off when we do not have any information about the person listed.



Altar Bread & Wine

In loving memory of Joseph McKeon -by the family

MINISTERS AT MASSES March 23 & 24				
	5:00pm	8:30am	10am	11:30am
PRESIDER	Fr. Arnao	Fr. Callan	Fr. Dowling, SJ	Fr. Blake
LECTOR	D. Oreste	tbd	L. Masucci	A. Santana
ALTAR SERVERS	C. DeSimone L. DeSimone	C. DeOliveira C. DeOliveira	A. Mastrangelo	A. Libonati F. Libonati
EUCHARISTIC MINISTERS	G. So R. Scott Volunteer needed Volunteer needed Volunteer needed Volunteer needed	D. Evans M. Evans B. Horan P. Kelly A. Rich Volunteer needed	R. Reilly M. Schultz J. Waters R. Winter J. Winter E. Kelly	M. Cecere B. Dunphy E. DiFrisco J. Wilde P. Wilde Volunteer needed
MUSIC MINISTERS	Cantor/Organ		Cantor/Organ	Cantor/Organ

St. Brigid/Our Lady of Hope Regional School





Honoring The School Sisters of Notre Dame

Saturday, May 4th, 2019

Mass will be celebrated at 5:00 PM in the School Chapel. followed by tours of the school. After Mass, enjoy free valet parking, a buffet dinner, open bar, and dancing at the Gala

The Centennial Gala will be at

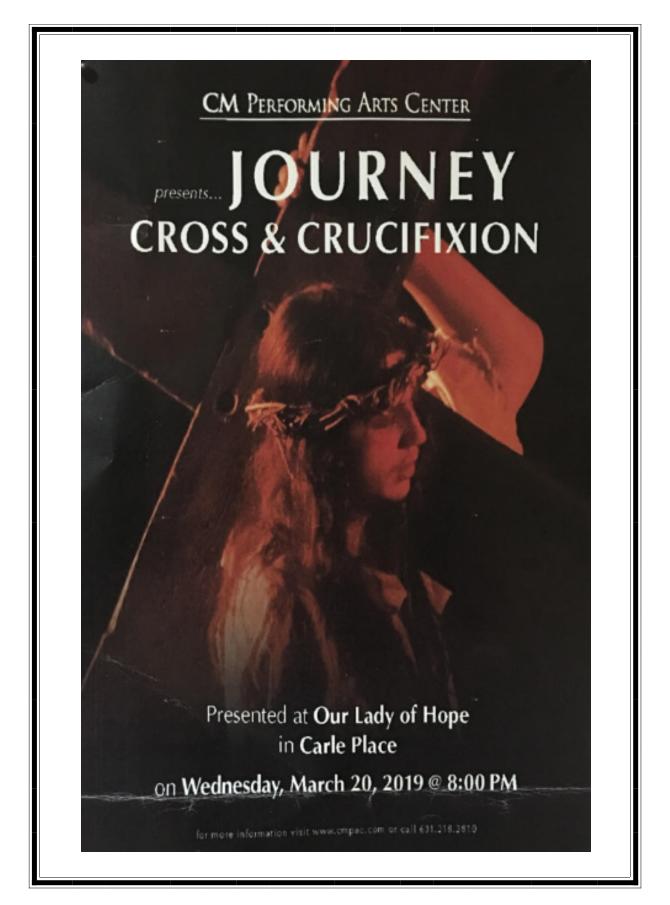
The Inn at New Hyde Park

214 Jericho Turnpike New Hyde Park, NY 11040 Cocktails and Hors D'oeuvres start at 7:30 PM Buffet Dinner to follow \$100 per person

Register online at bit.ly/stbolhgala or mail the below to RSVP For more information please email gala@stbolh.org

Groups of 8-10 please call the StB/OLH office at 516-333-0580 to reserve a table

Please check all that apply:	i lickets.	at \$100 each	Total Enclosed:
,	Parent of Graduate, Class of	Present Parent, Clas	is of Grandparent/Friend of
Name:			
Address:			
Phone:			
E-Mail:			
Please make	checks payable to/and m	nail to: St Brigid/O	ur Lady of Hope Regional School
Attn: Cente	nnial Gala 101 Maple Ave	enue, Westbury, NY	11590 RSVP by April 20th, 2019
Please accept n	ny contribution of \$	to underwrite the ticke	et for a Priest or Sister to celebrate with us



Our Lady of Hope Religious Education Lenten Project

This Lenten season, let's help families in need. We're asking all OLH religious education students and parishioners for donations of personal grooming items and various household items to be donated to our local Ronald McDonald House.

STUDENTS: please bring the item listed for your grade to your assigned date listed below.

PARENTS: please encourage your kids to do small chores around the house in order to earn the money to pay for the item.

PARISHIONERS: all parishioners are welcomed and encouraged to donate any of the items listed here. Please place in boxes marked "For RMcH' in the basement of the church.

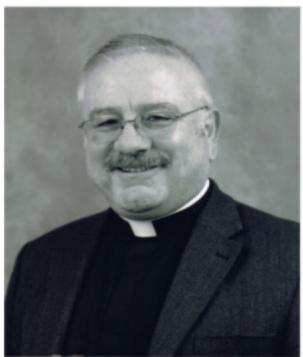
Level	<u>Item</u>	Date/Liturgy
1	Tooth paste	Week of March 25th to Religion Class
2	Tooth Brushes	Week of March 25th to Religion Class
3	Tissues	Week of March 25th to Religion Class
4	Paper Towels	Week of March 25th to Religion Class
5	Sponges	Week of March 25th to Religion Class
6	Fantastic or 409	Week of March 25th to Religion Class
7	Bathroom Soap Pumps	Week of March 25 th to Religion Class
8	Windex	Week of March 25th to Religion Class

Let's do something good for the benefit of those in need.

Thank you for your contribution to this worthy cause.

LENTEN RETREAT

Our Lady of Hope Church April 1st, 2nd, and 3rd 7pm—8pm Jesus the Wisdom of God



Fr. Roy E. Tvrdik, SMM

Fr. Roy was assigned as Director to the Shrine of Our Lady of the Island, Manorville, NY in 2005. Here he has developed Young Peoples Initiation and a Men's Spirituality Man Matters. He facilitates on Cursillo and World Wide Marriage Encounter weekends. He is regularly called for Ministry work and talks throughout parishes on Long Island for Sacramental preparation. We look forward to welcoming Fr. Roy to Our Lady of Hope for our parish Lenten Retreat.

MASS INTENTIONS for the week of March 16



Saturday - March 16 2019

Anticipated Mass for Sunday

5:00 PM – Davis, Shanley, & McNerney families (by James Davis)

- -Peggy Wilde (by Marie Agrusa)
- -Gerald Savitsky (by Mary & George Lindeman)
- -Dennis Collins (by Dan & Lynn Minchella)

Sunday - March 17 2019

- 8:30 AM Joseph McKeon (by the McKeon family) In the missions:
 - -Katie Lindeman (Happy Birthday in Heaven) (by the family)
 - -Lee Giordano (by the family)

10:00 AM – For the People of the Parish

In the missions:

- -Domenico Buffolino (by his wife & kids)
- 11:30 AM Andrew Acierno (by Ray Henderson) In the missions:
 - -Patricia Guidotti (by the Bavaro family)
 Marrinan, McGovern & White families (by the family)

Monday - March 18 2019

9:00 AM - Charlie Schmitt

In the missions:

-For the intentions of Patricia Werner (by Ann Mulvey)

Tuesday - March 19 2019

9:00 AM – In honor of St. Joseph & the deceased members of the Roccaforte family (by Bea Comito)

In the missions:

- -Helen Winsper Minchella 1st Birthday in Heaven (by the Minchella family)
- -Madelaine Furst (by Patricia Peck)

Wednesday - March 20 2019

9:00 AM - Andrew Acierno (by Linda & Pat Walker)

Thursday - March 21 2019

- 9:00 AM Julia Cianca (by Louis Cianca & family) In the missions:
 - -For the souls of Chandrakant & Rajani Turvankar (by Jennifer & Dinesh)

Friday - March 22 2019

9:00 AM – For the intentions of the Walsh family (by Monica O'Connor & family)

Saturday - March 23 2019

Anticipated Mass for Sunday

5:00 PM – Philip Hourican (by James & Margaret Davis)

- -Pasquale N. Bavaro (by the family)
- -Carmine Iadevaia (by the family)
- -James McGovern (by the family)
- -Billy Murphy (by George Rottkamp)

Sunday - March 24 2019

8:30 AM – Frances Chiusano (by the family)

In the missions:

- -Dot Frein (4^{th} anniversary in heaven) (by the family)
- -Lee Giordano (by the family)
- 10:00 AM For the intentions of Maryann & Steve Griffin (by the family)

In the missions:

- -Peggy Wilde (by Anne & Tom Lonegan)
- 11:30 AM For the People of the Parish

In the missions:

- -Paul Mach (by the Mannarino family)
- -For the intentions of Elena Santana (by Fran Burgdorf)





SOMETHING FROM DEACON JOHN

- Which feast day always come during Lent? The Annunciation, St. Joseph's Feast or the Assumption?
- 2. Lent is said to be 40 days even though from Ash Wednesday to the last Saturday of the season is 46 days. Why? A miscalculation, Sundays are not included or Saturdays are not included?
- 3. What is the original meaning of the word Lent? Sacrifice, penance or springtime?
- 4. Who entered the tomb of Jesus first? Peter, John or Andrew?
- 5. What was the day of the Last Supper? Holy Thursday, Good Friday or Holy Saturday?
- Which is the latest date Easter can occur? April 7, April 22 or April 25?

(continued from page 3)

WESTBURY COUNCIL 1012 SCHOLARSHIP

The Westbury Council of the Knights of Columbus is currently accepting applications for its Annual Scholarship Award. The scholarship is available to 8th grade students who are children or grandchildren of members in good standing (dues paid) of the Westbury Council and who will be attending a Catholic High School in the fall of 2019. New candidates for membership who are installed by April 30 will qualify their child or grandchild's application for consideration of an award. Applications and instructions can be found on our website www.kofc1012.org. Any questions, please contact Tom Oftring at 997-8278 or email oftring@hotmail.com. All applications must be received by the council no later than April 30.









Society of St. Vincent de Paul ...bringing hope for a better future to people in need.

Lent is a call not just to "give up something" but more important to "give something for the poor." Wherever you live in the parish, there are poor families within walking distance of your home. When in need, they come to the church. They are, in effect, coming to your home.

(516) 334-6288 ext. 18

Our Lady of Hope Parish Library

Please visit the Library, located in the front, right stairwell of the Church. If you have a question about your faith, you can find the answer in many of the library's titles. There are books on meditation and spiritual healing. The video collection contains lives of the saints and other religious subjects.

BEREAVEMENT COUNSELING AND SUPPORT SER-VICE

St. Bernard, Levittown and St. Brigid, Westbury are offering two general bereavement groups this spring and ongoing groups for bereaved parents and survivors of suicide will be resuming. There is a one-time registration fee of \$20 for all groups.

General Bereavement Groups (meet weekly)

St. Bernard Thursdays April-June 7-8:15pm

St. Brigid Wednesdays April-June 7-8:15pm Group for Bereaved Parents (meets 1st & 3rd)

St. Bernard Monday Mar.-ongoing 7-8:15pm Group for Survivors of Suicide (meets 2nd & 4th)

t. Bernard Monday Mar.-ongoing 7-8:15pm

Interested individuals need to register by contacting the parish directly. Sr. Christine Sammons is the contact person at St. Bernard, 516 731-6074 and Maria Piniero is the contact person at St. Brigid, 516 334-0021.

For questions about the groups, contact Luciano Sabatini, PhD at 516 799-5873 or email at lousab@aol.com.

St. Patrick's Breastplate

Christ be with me, Christ within me Christ behind me, Christ before me Christ beside me, Christ to win me Christ to comfort me and restore Christ beneath me, Christ above me
Christ in quiet, Christ in danger
Christ in hearts of all that love me
Christ in mouth of friend or stranger.

Courtesy Announcements

The following are published as courtesies for a two-week period as space allows. They are not an endorsement of any functions or persons. If there are any difficulties or problems experienced with any ad, please call the Church Office so that we can remove the ad immediately. We apologize for any typographical errors.

FIRST NOTICE

HAVE YOU HEARD THE GOOD NEWS-Fr. Edward Dowling's wonderful books of our *Sunday Gospel Reflections* are available for you to read anytime! His collection of homilies are for everyone who would like to be better acquainted with the Sunday readings. Wonderful and thorough, these books are an absolute treasure! **Three volume set is \$25**. Please contact Tam Musella tmmc4me@aol.com or 790-7778.

BALLOONS BY DESIGN-decorate your next event with balloons. Communions, Graduations, Birthdays, Showers. Table centerpieces, arches, floor displays and much

more. Contact OLH parishioner Margie Fiorillo at 445-0831. 10% of Balloon by Design's profit will be donated to Our Lady of Hope.

APARTMENT FOR RENT-Carle Place, 2nd floor, 1 bedroom, close to all-LIRR, bus, shopping, church, restaurants. Immediate availability. \$1,800/month. Please call 516 778-3789.

CAREGIVER/AIDE/COMPANION AVAILA-BLE-Carol Kelly lives locally, drives, speaks English. Can drive to medical appointments, shopping and can help with daily tasks. Experienced, references upon request. Call 516 313-5795.

WORLDWIDE MARRIAGE ENCOUNTER-Be transformed by Jesus' love in your marriage by attending a Worldwide Marriage Encounter Weekend. The next weekends are April 26-28 and June 28-30 in Huntington, NY. For more information call John & Toni Torio at 877 697-9963.

50 YEAR REUNION-the 1969 graduating class of Bishop Reilly HS, Fresh Meadows, is holding a 50 year reunion. If you are a member of this class of know of someone who is a member of this class, please contact the committee at ReillyReunion50@gmail.com.

THE ADDAMS FAMILY-a musical comedy is presented by St. Anthony's HS Theatre Company on March 21, 22, & 23 at 7pm. Tickets are available for \$10 at the door. For questions contact LCordina@stanthlyshs.org. 275 Wolf Hill Rd., Huntington.

SECOND NOTICE

LET'S REUNITE-Call all classmates that attended St. Anthony of Padua School in East Northport from 1958-1992. Reunion on October 12, 2019 in the school auditorium. Join us for a funfilled evening! Renew old friendships, reminisce about the past! For more information contact the reunion committee stanthonyofpaduareunionenpt@yahoo.com.

FOR RENT-bedroom, private bathroom, hotplate, separate entrance. Please call 631 327-7251.

BEREAVEMENT SUPPORT IN OUR DIOCESE-Please visit our helpful website: www.drvc-faith.org. Simply click on the word **Bereavement** on the bar in the middle of the home page and then click on **Support groups available now** and you will find: Monthly & weekly support groups, groups for children, memorial programs, Help for the Holidays, Conferences and much more. Or for more information call Kathleen Logan, Bereavement Coordinator, 516 678-5800 ext. 236.

PROJECT INDEPENDENCE-Senior Transportation Program for all Town of North Hempstead residents age 60 and over for non-emergency medical visits and food shopping. Registration required. Call 311 or 869-6311 and get your Project Independence

membership card. Shopping service is free, taxi rides to the doctor, dentist or treatment center are at half price. Call for brochure and more information.

STEADFAST CAREGIVERS-provides home companion services to seniors and home-bound adults. Our home care professionals are comprehensively screened, bonded, insured and monitored on an ongoing basis to ensure the highest quality care and companionship. Whether you need care on an hourly or live-in basis, Steadfast Caregivers offers affordable care. We offer a free and confidential in home assessment and are happy to answer any questions. 516 747-0570.

MEALS ON WHEELS-EAC Network program is available to individuals 60 years and older in

Westbury, Carle Place and New Cassel. The basic requirements are; living alone, no longer driving and have a limited support system. 516 539-0150 ext. 219.

EAC NETWORK'S IN-HOME RESPITE PROGRAM-is a not for profit social service agency that provides respite for caregivers of the elderly in Nassau County. This service provides 2-6 hours of in-home companion care/week, serve any Nassau County resident caring for an adult 60 or older and companions are screened and trained. Call 539-0150 ext 215 or Christine ext 218 to find out more about the program.

RELIGION AND ROCK -Tune into "Religion and Rock" with Msgr. Jim Vlaun on Sunday from 7am-8am on WBAB 102.3FM or 95.3FM on Long Island's East End. Listen on Saturdays at 11pm on Sirius Radio, Channel 159, the Catholic Channel and at 11pm on XM Satellite, Channel 117. Next Sunday's theme is "Traditions" don't miss it! www.religionandrock.com

ANSWERS TO DEACON JOHN'S QUESTIONS

- 1. The Feast of St. Joseph
- 2. Sundays are not included
- 3. Springtime
- 4. Peter
- 5. Holy Thursday
- 5. April 25